

# Midcoast Stewards

## For generations, people have been attracted to Midcoast Maine.

They have been drawn by its beauty and abundant natural resources.

They are artists and accountants, doctors and deck-hands, fisherman and farmers.

While Midcoast Maine has maintained its beauty and resources over centuries of settlement, it is not immune from development and environmental pressures. Like other ecologically valuable regions, Midcoast Maine needs educated stewards – people who will take care of our natural resources and inspire others to do the same.



**Sarah Gladu**, Naturalist and Director of Education and Environmental Monitoring for Damariscotta River Association, has worked in Environmental Education for more than 25 years.

### For more information, or to apply:

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Fostering citizen  
stewardship of Midcoast  
Maine's natural resources



A program offered by  
**DAMARISCOTTA RIVER ASSOCIATION**  
Co-sponsored by Maine Coastal Program





## What You'll Do

- Learn from local conservation professionals and discuss a broad range of current issues and topics of research
- Meet area residents who share an interest in the cultural and natural history of Midcoast Maine
- Discover a wide variety of volunteer opportunities through local conservation organizations
- Participate in outdoor field discovery learning programs with professionals



*Coastal Geologist Pete Slovinsky from the Maine Geological Survey discusses beach evolution at Pemaquid Beach.*

## Highlights

- Coastal ecology – visit forests, a beach and a bog
- Wabanaki history and culture
- Geologic history – travel to an active gravel pit
- Seabird restoration – take a tour of Audubon's Hog Island
- Lobster biology, lake function, estuarine habitats, birdwatching, sustainable fisheries management, and much more!

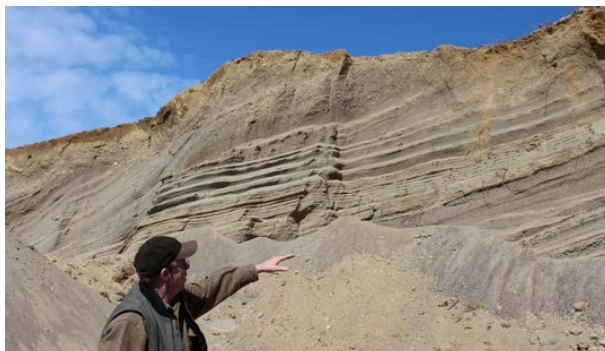
*Note: topics may vary from year to year.*



*A Midcoast Stewards class explores inter-tidal flora and fauna with Marine Geochemist Dr. Larry Mayer at the University of Maine Darling Marine Center.*

## Schedule & How to Apply

- **Dates:** Early April through early June
- **Time:** Tuesdays and Thursdays, 5:30 to 8:00 PM, with a few Saturday field trips from 9:00 AM to 3:00 PM. 40 hours total.
- **Location:** DRA's Great Salt Bay Farm. Field trips range from Washington to South Bristol.
- **Application Form:** at [damariscottariver.org/events-programs/midcoast-stewards](http://damariscottariver.org/events-programs/midcoast-stewards) or from DRA. A \$100 materials fee, payable to DRA, is due with the application. Scholarships are available.



*Geologist Chris Covell points out layers of glacial sedimentation at an active gravel pit in Washington.*

## Goals of the Program

- Present an overview of the cultural and natural resources of Midcoast Maine
- Provide information on opportunities for individuals to protect and conserve their natural environment
- Give participants a voice in the decision-making that shapes the future of their coastal communities
- Create a network of knowledgeable and committed volunteers working together to conserve and protect the natural and cultural resources of Midcoast Maine



*Birdwatching in Bremen with naturalist Tom Arter.*

## Your Commitment

Upon conclusion of the course, participants commit to a minimum of 40 hours of volunteer service to the protection of Midcoast Maine's natural and cultural resources.

Past stewards have helped create organizations, assist with community planning, and share their skills. Some have developed their own service projects while others have volunteered with existing programs.