Coastal Rivers Paddlers
2019 Salt Water & Fresh Water Paddle Schedule

This will be our 1st year paddling as the Coastal Rivers Paddlers! The Pemaquid Watershed Association has joined hands with the Damariscotta River Association to become the Coastal Rivers Conservation Trust (Coastal Rivers). Coastal Rivers is sponsoring 20 salt water paddles and 13 flat water paddles. The paddles are free and the public is welcome. Coastal Rivers membership is appreciated but not required. Unless otherwise noted, paddles commence, rain or shine, at:

- 9:00 a.m. on Saturdays (S) and last about 2½ to 3½ hours
- 10:00 a.m. on Wednesdays (W) and lasts 2 to 2½ hours

To facilitate leaving the launch site promptly, paddlers are requested to arrive 20-30 minutes prior to launch time (8:30 a.m. on Saturdays; 9:30 a.m. on Wednesdays). Advisory: All Saturday paddles involve ocean paddling.

- Trip leaders will have a map, cell phone, marine phone, tow rope, basic first aid kit, and an extra paddle in his/her kayak.
- Participants must wear a personal flotation device (life jacket), and provide their own kayak or canoe, drinking water, bug spray, and any medications (prescribed and/or over-the-counter) s/he may need on the trip.
- Children under 18 must be accompanied by an adult.
- All paddlers participating in Coastal Rivers Paddlers trips are responsible for their own safety and each participant should determine in advance if conditions are suitable for their skill level.
- All paddlers must have a completed and signed Coastal Rivers Liability Release form on file or complete one at the time of the paddle. The form may be obtained from the paddle leaders or on the Coastal Rivers website (coastalrivers.org).

Schedules, forms and other information are available at coastalrivers.org. Coastal Rivers Paddlers co-leader, Jean Smith, may be contacted at (207) 312-3846 or at paddlers@coastalrivers.org for additional information.

NOTE: All directions to the launch site are from Damariscotta.

May 18 (S) Cabbage Island & Lewis Cove, East Boothbay
Directions: Take Rt. 1 south and make a left onto Rt. 27 south in Edgecomb. Follow Rt. 27 about 11 miles to Rt. 96 (traffic light at Hannafords) in Boothbay Harbor. Turn left and follow Rt. 96 for approx. 2½ miles, bearing to your right at the grocery market. Follow this road to the launch site; optional lunch at Lobsterman’s Wharf Restaurant.

May 25 (S) Witch Island & the Gut
Directions: Take Rt. 130 south for approx. 11 miles turning right onto Huddle Road to its end. Turn right and follow the signs for Colonial Pemaquid Boat Launch. The paddle will include time to hike the trails on the island. Optional lunch at the Cupboard Café.
June 1 (S) **Sheep Island, Cundys Harbor**  
**Directions:** Take Rt. 1 south to Rt. 24 at Cooks Corner, Brunswick. Go through the traffic light, continuing on Rt. 24 south for approx. 4 miles. Turn left onto Cundys Harbor Road. Follow this road until you pass Rand Road on your left. Take the next left turn onto Holbrook Street and follow it to the end (Holbrook Street Landing). Optional lunch at Holbrooks Snack Bar & Grill.

June 5 (W) **Pemaquid River to Biscay Pond, Bristol Mills**  
**Directions:** Take Rt. 130 into Bristol Mills (speed limit changes to 30 mph). Shortly after the reduced speed sign, at the bottom of the hill leading into the Mills, look for the launch site on the left. Optional lunch at the Bristol Mills Diner.

June 8 (S) **Powderhorn & Spectacle Islands**  
**Directions:** Take Rt. 27 south from Rt. 1 in Edgecomb to the round-about in Boothbay. Take the first right off the round-about then a right onto Barters Island Road. Follow Barters Island Road approx. 1 ¾ miles to the Knickercane Boat Launch. Optional lunch at the Trevett Country Store.

June 12 (W) **Marsh River to Wiscasset, Edgecomb**  
**Directions:** Take Rt. 1 south toward Wiscasset. Just before the bridge that goes over Marsh River, turn into the Rest Area parking lot. The launch site is down the dirt road at the south end of the lot. Drop off your kayak and return to the parking lot to park your car. This paddle will involve portage: paddling the Marsh River out to the Sheepscot River then downriver to the Wiscasset Public Wharf.

June 15 (S) **Seal Cove, South Bristol**  
**Directions:** Take Rt. 129 south to just before the village of South Bristol. Before going downhill into the village, turn left onto Thompson Inn Road. The launch is at the end of the road, just before the Fishermen’s Co-op Park. Picnic lunch (bring your own) on Thrumcap.

June 19 (W) **Boyd Pond & Pemaquid River, Bristol Mills**  
**Directions:** Take Rt. 130 to Bristol Mills, then take a left onto Lower Round Pond Road and follow it to the Hatchtown bridge (just past Sproul Road). Picnic lunch (bring your own) at Hatchtown Preserve; parking is roadside.

Jun 22 (S) **Muscle Ridge, Spruce Head Island**  
**Directions:** Take Rt. 1 north to Thomaston. At the second light, turn right onto Rt. 131 south. Go 2 miles to Westbrook Street and turn left. Continue 2 miles to Rt. 73 south, then in 3 miles turn left onto Island Drive. In about 1½ miles bear left onto Merchants Landing Road and follow to the end. Put in at Merchants Landing at Spruce Head Island. There is a $3 fee for parking; optional lunch at the Happy Clam.

June 26 (W) **Medomak Pond & Medomak River, Waldoboro**  
**Directions:** Take Rt. 1 north to Waldoboro. At the second traffic light (Moody’s Diner), turn left onto Rt. 220 and follow it 6.3 miles to the launch site on the right side of the road just before a bridge. Parking is roadside; optional lunch at a nearby restaurant.
June 29 (S)  **Bethel Point, Cundys Harbor**  
**Directions:** Take Rt. 1 south, getting off at Cooks Corner in Brunswick. Go through the first set of lights and follow Rt. 24 south 4 miles toward Cundys Harbor. Turn left onto Cundys Harbor Road, continuing for 3 miles then right onto Bethel Point Road 1½ miles to the end. Drop off your kayak and gear at the boat ramp then park back at the Bethel Point Boat ($7.00 fee). Optional lunch at a local restaurant.

July 3 (W)  **Pemaquid Harbor to Pemaquid River Height of Tide, New Harbor**  
**Directions:** Follow directions for Witch Island & the Gut from Pemaquid Harbor (May 25).

July 6 (S)  **Little (Outer) Thrumcap, South Bristol**  
**Directions:** Follow directions for Seal Cove (June 15).

July 10 (W)  **Pemaquid Pond Preserve**  
**Directions:** At the MacDonald’s on Rt. 1B, turn onto Biscay Road and follow it to the Biscay Pond Public Beach. At Pemaquid Pond Preserve, we will stop for a snack (bring your own) and an optional hike (group decision).

July 13 (S)  **Otter Island, Friendship**  
**Directions:** Take Rt. 1 north Jefferson Street in Waldoboro (just past the Irving gas station on your right). Take Jefferson St. to the stop sign at Main St./Rt. 220. Follow Rt. 220 into Friendship to Rt. 97. Turn left and take your first right past the fire station and community center onto Bradford Road. About 1 mile down Bradford Road is the launch. Picnic lunch on the Island (bring your own).

July 17 (W)  **Great Salt Bay, Damariscotta*  
**Directions:** We will launch at the public landing located at the municipal parking lot in downtown Damariscotta. Optional lunch at a local restaurant.

July 20 (S)  **Owls Head from Rockland**  
**Directions:** Take Rt. 1 north to the light at Main Street in Rockland. Turn right (Rt. 73) and follow this road, keeping the water on your left, to the launch at Snow Marine Park. Optional lunch at a local restaurant.

July 24 (W)  **Dyer Long Pond, Jefferson**  
**Directions:** Go over the bridge from downtown into Newcastle then take the 3rd right onto the Mills Road, Rt. 215 north. Follow Rt. 215 about 12.5 miles to just past the intersection of Atkins & Weeks Roads; veer right onto Hinks Road. The Public Boat Access is on the right.

July 27 (S)  **Curtis Island, Rockport*  
**Directions:** Take Rt. 1 north turning left onto Rt. 90 (Camden Road). Go through the traffic light at Rt. 1 and continue about ¼ mile to the “T”; turn left. Our put-in site is Rockport Marine Park about ¼ mile on the right. There is no right turn into the Park, so you will have to turn around at the next left (before the bridge). Picnic lunch (bring your own) on the Island.
July 31 (W)  **Turner Pond, Somerville**  
*The drive to this launch site is approximately 30 miles from the Rt. 1/Rt. 220 intersection in Waldoboro and within Lincoln County. This undeveloped pond is worth the drive.*
**Directions:** Take Rt. 1 north to Waldoboro. At the second traffic light (Moody’s Diner), turn left onto Rt. 220. Stay on Rt. 220, crossing Rt. 17, to the junction at Rt. 105. Turn left onto Rt. 105, following it to Turner Ridge Road. Turn right onto Turner Ridge, and then take a slight left onto Colby Road (dirt). The launch site is about 1 mile down the road on the right. Parking is roadside.

Aug. 3 (S)  **The Basin, Phippsburg**  
**Directions:** Take Rt. 1 south to downtown Bath (first exit over bridge). At the light, turn left and follow this road to Rt. 209 to Phippsburg. Once you pass Parker Head Road on your left, start looking for Basin Road on your right. Turn right onto Basin Road. In 0.4 mile, the road will become dirt. Follow the dirt road 1.5 miles, bearing right at the “Y”, to the launch site.

Aug. 7 (W)  **Duckpuddle Pond, Nobleboro**  
**Directions:** Take Rt. 1 north bearing right at Winslow Hill Road. (Just past where Pemaquid Pond is on your right roadside.) At the top of the hill, take a right onto Duck Puddle Road and go about 1.4 miles to Bremen Road; turn left and follow Bremen Road to the Duckpuddle Stream causeway.

Aug. 10 (S)  **Thief Island, Round Pond**  
**Directions:** Take Rt. 130 to Lower Round Pond Road in Bristol Mills. Follow this road to a stop sign at Rt. 32. Turn left onto Rt. 32 until just past King Ro Market. Turn right onto Back Shore Road, bearing right at Granite Hall Store. Follow this short lane to the public landing (just beyond the Anchor Restaurant). There is a $2 put-in fee; optional lunch at the Round Pond Lobster Deck.

**Directions:** Take Rt. 1 north to Waldoboro. At the second traffic light (Moody’s Diner) turn left onto Rt. 220 north. Follow Rt. 220 approximately 12.2 miles, crossing Rt. 17, to Rt. 105. Turn left onto Rt. 105 and follow it about 1.2 miles to the Public Boat Access (sign on the right) launch site.

Aug. 17 (S)  **Burnt Island, Boothbay Harbor**  
**Directions:** Take Rt. 1 south to Rt. 27 south in Edgecomb. Follow Rt. 27 south to the roundabout in Boothbay, taking the first right off the round-about, then bearing left at Barters Island Road onto Lakeside Drive. Follow Lakeside Drive for 2.2 miles to a stop sign at Rt. 27. Cross Rt. 27 onto McKown Point Road. About 0.1 mile past Harborfields Cottages turn right onto Landing Road. Drop off your kayak, then park along McKown Point Road. Picnic lunch (bring your own) on the Island. Please leave the suggested donation of $3.00 per person to help with Burnt Island operational expenses.

Aug. 21 (W)  **Witch Island & South Bristol Harbor**  
**Directions:** Take Rt. 129 south to just before the village of South Bristol. Before going downhill into the village, turn left onto Thompson Inn Road. The launch is at the end of the road, just before the Fishermen’s Co-op Park. Picnic lunch (bring your own) on Witch Island.
Aug. 24 (S) **Cranberry Island, Friendship**
Directions: Follow the directions to Otter Island (July 13).

Aug. 28 (W) **Seven Tree Pond to Round Pond & Fairgrounds Stream, Union**
Directions: Take Rt. 1 north through Waldoboro to Rt. 235 (Union Road). Take a left on Rt. 235 and drive 8.3 miles to the put in at the Public Boat Access in Union. Optional lunch at The Badger Café & Pub at Union Square.

Aug. 31 (S) **The Brothers, Port Clyde**
Directions: Take Rt. 1 north to the second light in Thomaston. Turn right onto Rt. 131. Go 13 miles to Port Clyde harbor. Paddlers should drop their boats off at the ramp, then drive back up the hill, turn right, and park along the road to Marshall Point Lighthouse. Optional lunch at the Happy Clam.

Sept. 7 (S) **Long Cove, Tenants Harbor**
Directions: Take Rt. 1 north to Thomaston. At the second light, turn right onto Rt. 131 south. Proceed for approximately 9 miles to Tenants Harbor. Beyond the general store take a left down a little lane to the boat ramp. Drop off your kayak and gear and park along the left side of the lane as you go back to the main road. If no space is available, then turn right and look for parking beyond the general store in the post office lot. Optional lunch at the Happy Clam.

Sept. 14 (S) **Louds Island, Round Pond**
Directions: Follow the directions for Thief Island (Aug. 10).

Sept. 21 (S) **Hog & Oar Islands, Bremen**
Directions: Take Biscay Road to its end at Rt. 32. Turn left and go to Medomak Road where you will turn right and follow it to Broad Cove Marine (BCM). Picnic lunch (bring your own) on an island (or optional lunch at BCM).

Sept. 28 (S) **Hungry Island, Waldoboro**
Directions: Take Rt. 1 north to the first traffic light in Waldoboro (Rt. 32). Turn right onto Rt. 32 then in approx. 2½ miles turn left onto Dutch Neck Road. Go 2.8 miles to a “Boat Landing” sign on your left. If you come to the Osborn Finch Preserve, you have gone too far. Follow the boat landing road to the launch site. Picnic lunch (bring your own) on the Island.

*NEW THIS YEAR*

**SEE YOU ON THE WATER!**