



# The Watershed Watch

The Newsletter of the Pemaquid Watershed Association •

Fall 2012

## PWA Earns LakeSmart Gold

Pemaquid Watershed Association (PWA) has been awarded two Gold Category Awards from Maine's LakeSmart Program. Barb Welch of the Maine Department of Environmental Protection (DEP) presented the awards to PWA LakeSmart Program Leader, Martha Naismith, for recognition that PWA reached 15 percent or more LakeSmart properties in the focus areas on Biscay Pond and Pemaquid Pond. Martha, a PWA Director, has led the program for PWA since its start in 2009, and PWA volunteers Carol Andrews, Mary Berger, Bennett Collins, John and Jan Faulstich, and Dennis Prior were trained site evaluators for the program.

LakeSmart is a program designed to educate shoreland property owners and to create general public awareness of lakefront Best Management Practices. By rewarding and recognizing property owners who adopt and maintain responsible property management, the hope is that others will join in and that lake-friendly land-use practices will become the norm throughout Maine. The program encourages shoreline properties to become lake-friendly by keeping storm water from running into lakes, maintaining a deep and healthy buffer zone of ground cover, plants, shrubs and trees along the waterfront, maintaining septic systems well, and avoiding the use of harmful chemicals. Waterfront property owners volunteer to have their property evaluated on landscape and management practices in five LakeSmart categories: Road, Driveway and Parking Areas; Structures and Septic System; Lawn, Recreation Areas and Footpaths; Shorefront and Beach; and Undeveloped Land.

PWA was selected for the LakeSmart Program in 2009 via a DEP application process in collaboration with Damariscotta Lake Watershed Association and Muscongus Pond Association. For the 3-year pilot phase (2009-2011), PWA elected to enroll the central portions of the two largest ponds in the Pemaquid River watershed, Biscay Pond and Pemaquid Pond, in the program. Ten awards have been given for Biscay Pond property owners, equaling about 20% of the targeted




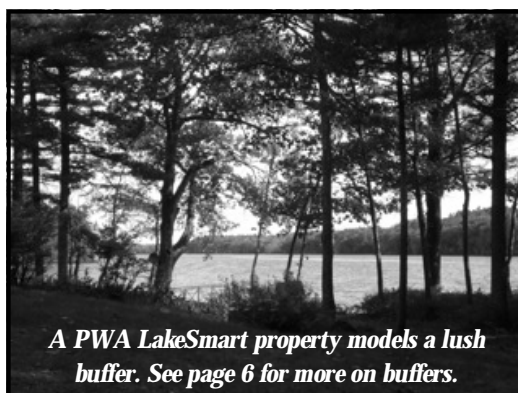
**Barb Welch (left) of the Maine Department of Environmental Protection presented the Gold Category Awards to PWA's LakeSmart Program Leader, Martha Naismith.**

shoreline, and 12 awards have been given for Pemaquid Pond property owners, equaling about 22% of targeted shoreline. In recognition of their achievement, the property owners received signage noting the property as LakeSmart. As the LakeSmart award sign indicates, "Living Lightly on the Land for the Sake of Our Lake" is key to pollution prevention now and in to the future. The reward is better water quality for current and future generations.



Taking care of the ponds in the Pemaquid River watershed is an important part of PWA's work, and PWA is proud to receive the Gold Awards and thankful to the

waterfront property owners and the volunteers who made it possible. Also key to the program's success were the professional experts in water quality protection: Barb Welch and Bill LaFlamme of the DEP, Maggie Shannon of the Maine Congress of Lake Associations, and Rebecca Jacobs and Hildy Ellis of the Knox-Lincoln Soil and Water Conservation District. 



**A PWA LakeSmart property models a lush buffer. See page 6 for more on buffers.**

## Executive Director's Corner

PWA had a very successful season in all realms of our mission.

In the realm of land stewardship, we now have an online virtual tour of our preserves (see page 4). The Doyle Preserve got a trail-marker makeover by a hardy crew of 11 volunteers led by Preserve Steward, Steve O'Bryan (see below). Two new volunteers stepped up to fill important roles as PWA Preserve Stewards: George Keyes took over from Bruce Babb at the Bristol Recreational Trail, and Jim Hatch took over from Ken Heath at Crooked Farm Preserve. Despite formally stepping down as Preserve Steward at Crooked Farm, Ken took on a huge project this summer to repair and expand the bog bridging in the wet spots at the preserve. He carried a lot of lumber a long way into the preserve and spent many hours constructing the bridging.

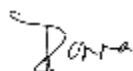
In the realm of water stewardship, we helped establish a vegetative buffer and sanitary facility at Biscay Beach, and we achieved our LakeSmart goals on Biscay and Pemaquid Ponds. These achieve-

ments earned PWA awards from the Maine Department of Environmental Protection (see cover story) and from the local Soil and Water Conservation District (see page 7).

On the education front, our AmeriCorps Member, Amelia Fogg, has been very, very busy. She has created a large display on groundwater protection and on invasive aquatic plants. With expert input from volunteers Diane Perry, David Pope, and Jean McAlice, she created a comprehensive interpretive guide for Pemaquid Beach. The Tuesday Touch Tank at Beachcombers' Rest Nature Center saw more kids and adults than ever, an average of about 100 each time! Volunteer Ellen Durgin faithfully set up and staffed the Touch Tank for the third year in a row.

The true value of our success is not only that good things were achieved, but also that people were enriched by giving and by receiving. I extend profound gratitude to all who engage deeply in our community.

**h Donna Minnis,**  
Executive Director



***An October trail crew at Doyle Preserve gave the trail markers a complete makeover to standardize the color coding to be the same as at all the other PWA Preserves.***

***Back row: Annie Winchester, Chuck Farrell, Chuck Dinsmore, Jill Rice, Martha Gifford, and Jim Daniels. Front row: Sean Ari, Roger Panek, and Steve O'Bryan.***

***Not shown: Juanita Roushdy and Jean Smith.***



### Pemaquid Watershed Association

#### Mission:

To conserve the natural resources of the Pemaquid Peninsula through land and water stewardship and education.

#### Community Service Vision:

A protected yet accessible Pemaquid Peninsula where people and wildlife thrive in a pristine and nurturing environment.

«oooooooooooooooo»

#### Board of Directors

W. Gerould Clark, III, President

Karen Filler, Vice-President

Bill Brewer, Treasurer

Jill Rice, Secretary

Mary Berger

Peggy Drake

Cyndy Fairbanks

Chuck Farrell

Carol Knapp

Steve Laurich

Peter Lawrence

Martha Naismith

Chris Roberts

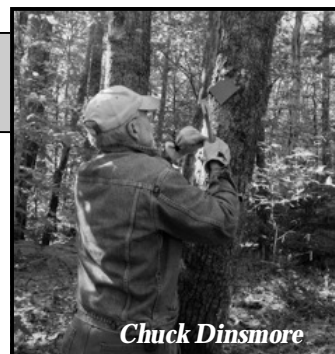
Hylie West

#### Executive Director

Donna Minnis

#### 2012 AmeriCorps Member

Amelia Fogg



***Chuck Dinsmore***

## President's Corner



**Gerry Clark**

Hello one and all!

As Donna points out in her corner, we have just completed a very successful summer and early fall season thanks to our many hard working volunteers. Our stewardship of the Pemaquid Watershed and its surroundings would not be possible without the dedication of our many volunteers!

Most of the need runs from early May through Labor Day, although some of the effort is year-round. Our work is interesting and a lot of fun. We are meeting so many nice people who are interested in maintaining our healthy forests and clean water that is safe for swimming, fishing, boating, water sports and the animal and birds that live on and around our lakes and in the woodlands!

One of the projects I am very familiar with is the Courtesy Boat Inspection Program. It involves, with the boat owner's permission, inspecting his/her boat to be sure there are no invasive plants attached to the boat or its equipment before the boat goes into the pond. We have procedures to follow if we find any plants during the inspection. Those of us who do the inspection are trained and certified on how to do the inspection, but we do not

have to be experts in plant identification. PWA has no regulatory power; the effort is entirely about education. Volunteers work Saturday and Sunday in 2-hour shifts from 6:00 a.m. to noon from mid-May to Labor Day. You see some beautiful boats and meet some super nice people, most of whom are aware of the invasive plant problem. These people are most appreciative and thank us for our efforts. This season we had a relatively large increase in the number of hours volunteers spent doing Courtesy Boat Inspections to educate boaters and prevent the spread of invasive aquatic plants, nearly 3 times more than last year! But, there remains a lot of room for continued growth in volunteer coverage at the boat launches.

Please feel free to call Donna Minnis, our Executive Director, at 563-2196 and tell her you would like to be an active volunteer for this or any of our other activities that you might be interested in.

We welcome you all to our volunteer fold!

**Gerry Clark, President**  
[president@pemaquidwatershed.org](mailto:president@pemaquidwatershed.org)  
(207) 529-5480



**Gerry Clark (right) thanks a boater for his cooperation during a courtesy boat inspection this summer.**

### PWA Business Members

#### **Business Patrons \$100+/yr**

Bath Savings Institution  
First Federal Savings  
Gosnold Arms, Inc.  
H. M. Payson & Co.  
Hanley Construction  
Lake Pemaquid, Inc.  
Lincoln County Publishing  
Masters Machine Company  
Mid-Coast Energy Systems  
Salt Bay Framers  
Sproul's Furniture  
The First  
Yellowfront Grocery

#### **Business Stewards \$50/yr**

Alewives & Ales Bed & Breakfast  
Cheney Insurance Agency  
Consultox Limited  
Damariscotta Bank & Trust Co.  
Granite Hall Store  
Lakehurst Camps  
Mexicali Blues  
Michael Alderson Restorations  
Midcoast Yoga Shala  
Mountainside MD Press  
Newcastle Square Realty Associates  
Oslo 3, Inc.  
Roy E. Seibel, Jr. M.D  
Savings Bank of Maine  
The Nature Conservancy  
Ye Olde Forte Cabins  
Yudy's of Damariscotta

### Annual Event Sponsors

Rubber Ducky River Race — Yellowfront Grocery  
Party on the Pier — The Contented Sole  
Annual Meeting — Rising Tide Community Market  
Spring Puffin Cruise — Catering compliments of Damariscotta River Grill  
Fall Cruise for a Cause — H.M. Payson, with Catering compliments of King Eider's Pub  
Volunteer Gala — Damariscotta Bank & Trust, with Catering compliments of Savory Maine

### Adopt-a-Trail Sponsors

Bristol Recreational Trail — Bath Savings Institution  
La Verna Preserve — Masters Machine Company  
Doyle Preserve — The First

## PWA Welcomes Directors

PWA welcomes Bill Brewer and Peggy Drake of Damariscotta and Chuck Farrell of Bristol to its Board of Directors.



Bill is a veteran of PWA, previously serving on the Board of Directors from 2005 to 2011 in the role of Treasurer. He was born and raised in Damariscotta, and he, along with his wife Deane, still lives there. He has owned and is the principal of the William H. Brewer & Co, CPA practice in Bath since 1975. He has a passion for Ford Model A's and is an avid fisherman.



Peggy and her husband Bob moved to Maine in 2002 from New Jersey. She is a retired psychotherapist who enjoys gardening, raising orchids, reading, quilting and playing the cello. She graduated from the Midcoast Stewards program, is past President of Old Bristol Garden Club, and is a volunteer shuttle driver at Coastal Maine Botanical Gardens.



Chuck and his wife Peggy have lived full-time in New Harbor for 5 years and enjoyed summers (and many weekends during the other seasons) for 5+ years before that. He works part-time at the Central Lincoln County Y in facilities maintenance and also is a Mediator with the State of

Maine Judiciary. Prior to retiring, he was a high-tech sales executive, much of which was international. He is active with the Second Congregational Church in Newcastle, Friends of Colonial Pemaquid, Damariscotta & Newcastle Rotary Club, and Volunteers of America. His hobbies are boating, fishing, casual wood working, and gardening.

For 46 years, Pemaquid Watershed Association has been a 501(c)3 non-profit membership organization governed by a volunteer Board of Directors. PWA thanks all of its past and current Directors for their leadership and commitment. 🦋

## Take a Virtual Tour of PWA

Thanks to PWA's AmeriCorps Member, Amelia Fogg, there is now has a custom interactive Google Map online showing all PWA's preserves and trails in one place. You can use it to scout out preserves you haven't visited yet, take a look at the trail maps, see some pictures of the preserve, and even use it to get directions from your house to the preserve. If you want to share information about PWA's trails you can send people a link to the map, allowing them to get a feel for the area. The map also includes other points of interest, like Beachcombers' Rest Nature Center and the Osborn Finch cabin. You don't need a Google account to see the map, but if you do have a Google account, you can save this map as one of "your places" and pull it up whenever you want.

Link to the map from PWA's "Preserves & Trails" web page: [www.pemaquidwatershed.org/stewardship.html](http://www.pemaquidwatershed.org/stewardship.html) and then click on any of the balloon images on the map to see a new window open explaining about that locale. 🦋



***Can you name all the PWA preserves and other PWA-related sites shown here? If not, check out our new interactive online map.***

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# Protecting Pond Water Quality: Lessons Learned On McCurdy Pond

Guest Essay By Theodora Landgren, PWA Member who lives on McCurdy Pond

It was 13 years ago, one of my happiest times I recall because I had just purchased a property on McCurdy Pond with a million dollar view and the cleanest water in the watershed, my Golden Pond. I could even see the fish swimming from my perch on my deck where I ate most of my meals in the summer months. At the time I assumed that this crystal clear water was self-perpetuating. After all, the pond had been around for ages and was somewhat populated, although sparsely.

I had a rude awakening when I recently visited a property on the pond with new residents who were befuddled by a huge algae growth by their shore. I grimaced when I saw it. I remembered the first time I saw small, minuscule by comparison, algae clouds floating near my dock, which had scared me silly. When I found that algae, I went to ask Buzz Pinkham who I figured knew everything about plants. He had purchased, but not yet tried, a product that is supposed to clean up smaller ponds that are overgrown by algae. I ended up talking with the product's developer (who lives down south somewhere) on the phone. To summarize his advice for maintaining algae-free water, 'plant what is natural to the area and feed with pond water only, and your algae will disappear in a couple of years'. It did. Pond water has adequate nutrients in it to nurture what already is naturally growing on the land there...seems obvious. Oh yes, and get rid of all shampoos, soaps and cleaners and detergents with phosphates and toxic chemicals of any kind; they leach into the pond, via run off mostly.

More recently, I noticed growing and spreading plants on the floor of the pond near my dock. Were they

invasive? By now, due to my previous experience with algae, I had become close to obsessive about not contaminating the water. So I called Donna at Pemaquid Watershed Association who connected me with my neighbors Ed and Carol Knapp who are PWA members with training on invasive aquatic plants. Ed kindly took a sample of the suspicious plant and came back with a professional assessment from the Maine Center for Invasive Aquatic Plants that it was not invasive, but rather Pipewort and Arrowhead. Relief.

I do hope everyone who reads this and lives on any body of water, especially our precious ponds, will take these things into consideration. Please let us be good stewards of our water quality, as once it is gone, we may never get it back. Start reading the labels on everything you use in

your house, on your body, and in your yard. In particular, I urge you to pay close attention to the ingredients in sunscreen because so often that washes off right into the pond! Choose products that do not contain phosphates.

I have found a line of "green products" that works better than anything I have ever tried. They contain no toxic chemicals and no phosphates, and, if you don't like them you can return them for a full refund. If you are interested,

contact me at (609) 968 6699, and I will be happy to talk with you about my experience with the products. (I in no way benefit from the sales of these products; I'm simply a consumer who found them to be really good.)

Thanks for reading my essay, and let's work together to protect the ponds! 🌿

***Phosphorous is a chemical found in many household products and synthetic fertilizers. Phosphorus also occurs in nature.***

***Too much phosphorus can promote excessive growth of aquatic plants, decreasing a pond's aesthetic, recreational, ecological, and economic value. To protect pondwater quality, avoid using products that contain phosphates.***



***Theodora Landgren (left) visits with her neighbors, Carol and Ed Knapp, during the 2012 PWA McCurdy Ponders gathering hosted by Don and Hildegard Demmert.***

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# Buffer Basics

By Amelia Fogg, PWA AmeriCorps Member

Stormwater runoff, also known as “non-point source pollution,” can directly affect the water quality and overall health of lakes. During a light rain, water will percolate through purifying soil layers and return to an aquifer. However, during a heavy rainstorm the water will overwhelm the absorption capacity of the soil and travel over the land, collecting pollutants, until it reaches a body of water. The most common pollutants transported by stormwater include soil particles, phosphorous, bacteria, toxics, and thermal pollution. Non-point source pollution is exacerbated in developed areas because of human additions of non-porous surfaces like driveways, rooftops, roads, and parking lots. Every area stripped of vegetation or covered with concrete represents a decreased ability for the ground to absorb rainwater.

***Soil is the #1 pollutant of Maine's waterbodies, and gravel roads are one of the major contributors of soil. Buffers go a long way in sediment and erosion control.***

What's a lakefront property owner to do? The best way to protect a lake from non-point source pollution is to create a buffer zone along the shoreline. Buffer zones are areas of vegetation situated between a developed area and the water that trap sediments, excess nutrients, and other pollutants, and prevent shoreline erosion. Buffers function by slowing the water flow through a duff layer of leaf litter and uneven soil and allowing it to be absorbed into the ground, where it is taken in by the roots of plants.

Plant roots also stabilize soils and reduce shoreline erosion that might be caused by wave action. Buffers also can improve fish and wildlife habitat by providing food, shelter, and shade, especially if the buffer is composed of native vegetation.

Creating a buffer zone can be as easy as ceasing to mow along the shoreline and allowing wild plants to grow. Or, a property owner may choose to design a landscaped buffer zone. There are four key elements to a functional buffer zone:

- **Depth:** Depending on the slope of the shoreline property, a functional buffer zone should be between 50 -250 feet deep, measured inland from the shoreline. Areas with steeper slopes require a longer buffer zone.
- **Plant Mix:** A good buffer will include groundcovers, shrubs, and trees. The shallow root systems of shorter plants hold soil in place to prevent erosion, while taller plants with deeper root systems can absorb more water and nutrients. Trees and shrubs also can deflect wind

and rain to reduce a storm's impact on the soil below.

ƒ **Duff Layer:** The duff layer consists of accumulated plant debris that covers the ground. It acts like a sponge to absorb water and trap sediment, and it also is home to microorganisms that break down organic material and recycle nutrients.

„ **Lake Accessibility:** Building a path through a buffer zone is necessary to maintain access to the water. Care needs to be taken in creating a path so that the path doesn't become a channel for stormwater and erosion. The most pond-friendly paths are winding, no more than 6 feet across, and covered with a durable material such as wood chips, gravel, or grass.

The selection of plants can be the most challenging part of planning a buffer zone. The natural buffer approach encourages native plants to grow by ceasing to mow along the shoreline. This method easily produces a very effective buffer, but the resulting wild landscape may not suit the tastes of property owners. If lakefront homeowners decide to landscape their buffer zone, the best plants are those that are low maintenance, long lived, hardy, and sturdy. Some of the best buffer plants are native plants that are well-adapted to the Maine environment and will thrive in a lakefront setting. The best plants for a yard depend on many factors, including available sunlight, slope, soil composition, and moisture level. A complete list of trees, shrubs, and ground layers that make good buffers can be found in the Maine Department of Environmental Protection's (DEP) Buffer Handbook Plant List at [http://www.maine.gov/dep/land/watershed/buffer\\_plant\\_list.pdf](http://www.maine.gov/dep/land/watershed/buffer_plant_list.pdf). Other resources are available in the PWA office.

A well designed buffer can both enhance the aesthetics of a yard and protect the water quality of a lake. For more information about buffers and how to create one, visit <http://www.maine.gov/dep/land/watershed/bufa.html> or download the DEP's buffer handbook at <http://www.maine.gov/dep/land/watershed/buffhandbook.pdf>. 🌿





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# PWA and Lincoln Academy Climate Action Club Receive Habitat Restoration Award

By Hildy Ellis, Knox-Lincoln Soil and Water Conservation District

The Knox-Lincoln Soil and Water Conservation District annually honors individuals and organizations that have contributed in a significant way to local resource conservation efforts, either by adopting specific practices or by promoting activities that heighten awareness and concern for local conservation needs. This year the District recognized Pemaquid Watershed Association (PWA) and Lincoln Academy Climate Action Club (LACAC) with a Habitat Restoration Award for their efforts in establishing the buffer planting at Biscay Beach. PWA Board Member, Jill Rice, who led the Biscay Beach project, received the award on behalf of PWA at the District's Annual Meeting.

The LACAC under the guidance of Advisor Charlie Scimone, received a grant for the buffer planting from the Maine Department of Environmental Protection (DEP). Rebecca Jacobs, District Education Coordinator, acted as the "plant expert," both in choosing species and



*PWA AmeriCorps Member, Amelia Fogg (right), helped Lincoln Academy students create the vegetative buffer next to Biscay Beach.*

supervising the planting onsite.

On May 12, 2012, Rebecca joined PWA staff and volunteers, the DEP AmeriCorps Member, along with Charlie and fifteen LACAC students to move soil and compost to create planting beds at the beach. The group then dug holes, and planted, mulched, and watered 55 native trees, shrubs, and Maine-grown perennials. It will take a few years for the planting to fill in, but the expanding roots will start doing their job right away.

It is projects like this – ones that bring together students, teachers, community members, state, and non-profit organizations – that serve as a partnership model for how the District can accomplish the conservation work that needs to be done. The Knox-Lincoln Soil and Water Conservation District thanks PWA for working with LACAC to make this important project possible. 🌿

## Jill Rice Receives PWA Lakesaver Award

Jill Rice of Bristol is this year's David McLeod Memorial Lakesaver Award winner. Jill led the multi-year collaborative project to get a sanitary facility placed at Biscay Beach. The project also resulted in a new buffer planting on both sides of Biscay Beach. The Porta-Potty will help prevent bacterial contamination of the beachwater, and the vegetative buffer will filter stormwater runoff into the pond, helping to prevent pollutants from entering the water. Jill also volunteers for PWA as a Courtesy Boat Inspector to help prevent the spread of invasive aquatic plants, and she regularly helps at Coastal Cleanup to keep the Pemaquid Point shoreline clean. Beyond water quality work, Jill has been a PWA Director since 2008, is Secretary of the Board, co-chairs PWA's Art Exhibit

Subcommittee, and is a steadfast trail crew volunteer.

This award is named in honor of David McLeod who passed away in February of 2003. It recognizes an individual who has demonstrated a tremendous volunteer commitment to protecting water quality. McLeod was President of PWA from 1974-1976 and served a total of 9 years as a member of the Board of Directors. He was an active participant in the water quality monitoring program and always made himself and his pontoon boat available for training and re-certifying of water quality monitors.

"Jill has demonstrated deep commitment to protecting local water quality," said PWA Executive Director Donna Minnis. "She put her heart and soul, and a whole lot of time, into spearheading the Biscay



*Jill Rice with the new sign at Biscay Beach that explains about the importance of buffers, how Biscay Pond is part of the Pemaquid River watershed, and the partners involved in the beach project.*

Beach water quality project, which resulted in concrete improvements that will have lasting benefits for the sake of the pond, the watershed, and the community. She exemplifies what this special award is all about." 🌿

## Spotlight on the Volunteers of the Year

Name: Chris & Lynne Gilbert

Age: C: 57; L: 61

Occupation: Retired!

(C: retired contractor;

L: retired IT analyst)

How long have you  
volunteered with

PWA? Since summer 2005 --  
although we hadn't officially

even moved here yet. We

had bought our home that

year but could only stay for

the summer. We moved up

permanently in July of 2006.

Programs you most often

volunteer for? Taking care

of the Osborn Finch cabin

and trail maintenance. We

love the outdoors and the

wonderful variety of both salt

and fresh water venues that

PWA offers. But , you

occasionally also can find us

selling ducky tickets or manning a

PWA table at Oysterfest!

First PWA program you volunteered

at & memories of that

experience? Our first opportunity was

to be Courtesy Boat Inspectors at

Pemaquid Lake Campground. We

were anxious to help keep invasive

species out of the ponds in the area,

including our own beautiful Biscay

Pond. I guess our main memory is

that if you're pleasant and friendly,

people respond positively -- most

were very glad to know of the threat

and how to avoid introducing these

plants into the water.

How long have you lived in Bristol?

Six years.

Favorite food? Ooooh -- tough

question! Probably a toss-up between

lobstahs and oystahs on the half-

shell! Chris says add steak on the grill!

Last song you had stuck in your

head? C: Steve Goodman's *City of*

*New Orleans*. L: Steve Earle's *This*

*City*. (Hmmm...must both have New

Orleans on the mind -- we just finished

watching season 2 of *Treme*!)



*Lynne and Chris Gilbert, hauling debris  
out of La Verna Preserve during  
a PWA trail crew this past spring.*

Where did you grow up? Chris was born in Ithaca, NY, and lived there through elementary school, afterwards residing in La Jolla, CA for a year, and then in Sarasota, FL through high school. Chris got his BA from Florida State University in Tallahassee. Lynne was born in Syracuse, NY, and (being the daughter of a corporate gypsy) lived in New Canaan CT, Toronto Canada and Rochester NY before getting her degree from Wells College in Aurora, NY. We met in Ithaca, NY, where we were married and raised our two sons, Scott, 27, and Dan, 25. But Lynne also spent part of every summer of her life (except two) coming to Sennebec Pond in Appleton and Union, where her Robbins relatives have lived for generations. It gave her a life-long love of Maine, and a desire to spend the rest of her life here. (Chris was forewarned before we were married!)

Hobbies/interests? Too many to count! Chris is an avid pool player, flyfisher and tier, and creates wire-wrap jewelry with stones he has ground and polished. Both of us love to kayak and to hike the woods. We both are news junkies who love to follow politics and history -- a favorite novelist is Kenneth Roberts. Lynne is a fabric artist and also loves to garden and cook -- and we both love to eat!

Dream vacation? L: I think I'm livin' my dream right here in Bristol! C: Having my brother and sister-in-law come here from Florida.

Favorite PWA memory? We love going to Osborn Finch every single time. It's a walk

through almost primeval forest to a sweet and salty breath of the coast. What keeps you coming back each year to PWA as a member and volunteer? PWA's commitment to keeping our lovely peninsula both unique and beautiful. There is so much here that is worth preserving for future generations, and much of it will be preserved by those of us willing to volunteer to spend the time and energy to protect it. 🦋



*Selling Rubber Ducky  
River Race tickets during  
Pirate Rendezvous.*

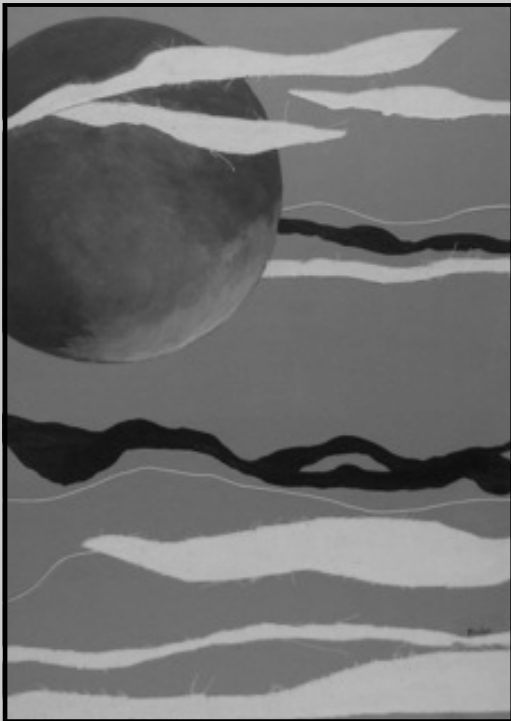


## New Printing of an Old Favorite

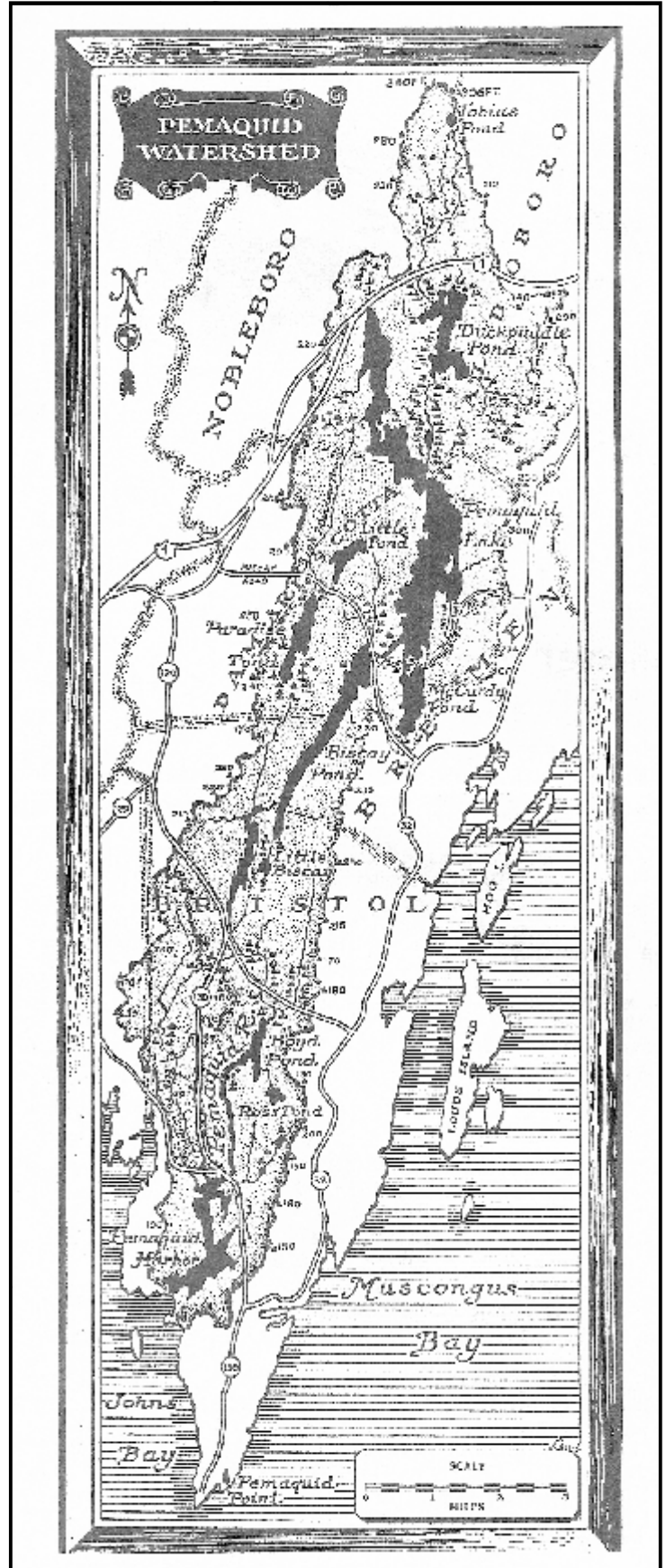
PWA is pleased to announce a fresh printing of a special map. It is a one-of-a-kind, hand-drawn map with an interesting story.

In the late 1980s, then-PWA-President Mac Rogers became friends with Russell Lenz who lived in Bristol. It just so happened that Russell had been a cartographer for over 40 years with the *Christian Science Monitor* in Boston. Mac asked Russell to draw a map of the Pemaquid River watershed for PWA to use for education and fund-raising. Russell finished the map in 1990, and it was printed in limited quantity. That original stock of maps sold out some time ago, but thanks to Lincoln County Publishing, a new batch has just been printed.

The map is 11.5 by 25 inches and is printed in dark green ink on heavy ivory stock. It is perfect for framing. The map costs \$15 and is available at the PWA office...while supplies last! 🐾



**Penelope Moodey  
Art Exhibit  
"Surrounding Energy"  
Dec. 3 to Jan. 11  
at the PWA office gallery**



*This hand-drawn map of the Pemaquid River watershed by Russell Lenz is once again available from PWA.*

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# Meaningful Memorials with PWA

by Amelia Fogg, PWA AmeriCorps Member

Have you ever wanted to support Pemaquid Watershed Association in a concrete way but weren't sure how? Recently, two local families made memorial donations in honor of beloved family members. These donations supported the installation of several "Entering the Watershed" signs and a contemplative bench along the Pemaquid River, forever memorializing two important members of the community, Robert Huson, Sr., and Margaret Sproul.

Robert Huson, Sr., better known as Bob, was an enthusiastic PWA member from his first summer on Biscay Pond in 1993. His wife, Betty, fondly recalls attending the PWA Annual Meeting during their first summer in Maine. After this introduction to PWA, the Husons decided to stay involved through the years. The couple attended PWA Biscay Ponders meetings regularly, where they met new friends and made deeper connections with the Biscay Pond community.

When Bob passed away in 2010, Betty decided to make a donation in his memory to PWA. Along with gifts of memorials to the local hospital and to his alma mater, Amherst College, Betty felt that his legacy also could help

support the mission of PWA. It was when she saw PWA's Wish List in the Spring 2011 edition of PWA's newsletter, *Watershed Watch*, that something clicked. Betty then contacted PWA about the signs, and soon thereafter, donated the value of three signs to PWA. With this donation PWA was able to purchase three Entering the Watershed signs and site them roadside at points along the perimeter of the Pemaquid River watershed in Bristol and Damariscotta. The signs are an important part of PWA's education efforts. They help to illustrate the often misunderstood concept of a watershed by alerting motorists to the physical boundaries of the watershed, which is the 47-square-mile land base that drains into the Pemaquid River.

Betty's generosity inspired her son, Bob Huson, Jr., to make a similar donation. In the winter of 2011, Bob and his wife Lynn contributed money to purchase an additional six signs and posts. Bob Jr. felt motivated to honor his father by supporting PWA because of his father's special love for Maine lakes. Although he grew up in Boston, Bob Sr. summured on Sebago Lake in his youth and spent his later years on Biscay Pond. To him, the pond always represented family. Bob Jr. spends his summers on Biscay Pond, in a house next to his parents'. The pond served as a gathering place for the whole Huson clan and was a retreat where the family could enjoy the quiet life. To date, 9 out of 10 "Entering the Watershed" signs have been donated by the Huson family. PWA hopes to eventually install 8 more signs, for a total of 18 around the watershed's perimeter.

The gift of conservation can take many forms. In 2010, Laura Sproul-Stubbs decided to honor her mother, Margaret "Peg" Sproul, by donating money to PWA for the purchase of a bench overlooking the Pemaquid River, creating a quiet spot where visitors could sit and contemplate the beauty of the natural landscape.

Peg Sproul was a Bristol resident and lifelong conservationist. She is remembered by her daughter, Laura, as a nature lover who spent as much time as possible hiking through the woods and enjoying the wild areas of the Pemaquid Peninsula. One of her favorite activities was to spend time near the water, whether at what is now the Rachel Carson Salt Pond Preserve in New Harbor or along the Pemaquid River.

During her many years living in Bristol, Peg Sproul was a strong force in support of conservation. As one of the first women elected to the Maine State senate, Peg was instrumental in the passage of environmental legislation. One of her great accomplishments in State government was

(continued next page)



**Betty Huson (left) with son and daughter-in-law Bob and Lynn Huson, Jr., next to the Entering the Watershed sign placed on Biscay Road thanks to their memorial donations to PWA in honor of Bob Huson, Sr., beloved husband and father.**

to introduce the first pesticide regulation bill in 1963 after a meeting with Rachel Carson about the issue. From this move alone, Peg established herself as a protector of Maine's environment and someone worthy of honor.

In consult with the Town of Bristol, the bench was installed at Ellingwood Park in Bristol Mills, situated in a calm and contemplative spot by the Pemaquid River. Laura hopes that enjoyment provided by the bench might inspire a future generation of conservationists to care for the area in the same way that her mother did.

PWA is pleased to be able to honor the legacy of Bob Huson, Sr., and Peg Sproul and is grateful for the donations that made these meaningful memorials possible.

Should the time feel right, please consider making a donation to PWA in memory of a loved one. Memorial gifts can come in many forms such as those found in PWA's Wish List, or simply as an unrestricted cash donation. A memorial donation to PWA is a tribute that honors a legacy of caring about nature and the Pemaquid Peninsula. 🦋



*This granite bench welcomes quiet contemplation by the Pemaquid River at Ellingwood Park in Bristol Mills, in memory of Margaret "Peg" Sproul from her daughter, Laura.*



**Memorial Gift**  
(since July 2012)



*In memory of Emily and Henry Allen,  
from Roz Allen and Paul Landry*



**Partial contributions  
are welcome!**

## **Wish List "Catalog"**

**Support PWA by "buying" an item from their wish list!**

### **Office/Equipment Needs:**

- Multi-media Projector and replacement bulb: \$599.00
- Health Postures Computer TaskMate 6202: \$992.00  
(adjustable-height ergonomic workstation for the office)

### **Other:**

- 1000 Trail Markers — \$250.00
- 6 "No Wake — Do Not Disturb Loons" signs: \$50.00 each  
(for placing at ecologically sensitive shoreline areas around Pemaquid-area Ponds)
- 10 PWA Aprons with pockets — \$12.00 each  
(for use by volunteers at fundraising events)
- 8 "Entering the Watershed" signs: \$57.38 each  
(24x30" aluminum roadside signs to educate the public about the location of the Pemaquid River watershed)

**All you need to do is send a check in the amount of the item to PWA at PO Box 552, Damariscotta, ME 04543, and note in the check memo what you are "buying" for PWA.**

**Have you wanted to help PWA with their Wish List but just haven't had what they've been looking for?**

**Well, now fulfilling a PWA Wish is easier than ever! Instead of donating the actual item, you can now donate its value so PWA can acquire it! (Of course, we still gladly accept gently used items.)**

**Wish Grantors:**  
George Gross — 1 Litter Picker  
Mike and Jane Trefren — 4 Litter Pickers  
Hammond Lumber — Lumber for sign posting and for replacing the deck on the shed at Doyle Preserve



NON PROFIT  
U.S. POSTAGE  
PAID  
PERMIT #11  
NEWCASTLE ME

P.O. Box 552  
Damariscotta, ME 04543  
(207) 563-2196  
[info@pemaquidwatershed.org](mailto:info@pemaquidwatershed.org)  
[www.pemaquidwatershed.org](http://www.pemaquidwatershed.org)

*Bee a dear, won't you,  
and check the mailing label  
to see if your PWA  
membership is current.*

Photo by Karen Berg



### Donate to PWA online!

Network for Good is an e-philanthropy portal that provides PWA the tool to accept online donations.

Visit  
[www.networkforgood.org](http://www.networkforgood.org)  
today, and tell a friend!

PWA receives 100% of your donation and pays no fees or costs. Donors receive records of contributions for tax purpose.

**Network for Good.**

Contributions via Will/Trust  
Please keep PWA in mind when working on your legacy planning ideas. Including PWA in a codicil to your will helps our organization and can help your estate planning process.

## PWA Membership

I am / We are pleased to ☐ Join ☐ Renew at the following level:

- |   |        |
|---|--------|
| <input type="checkbox"/> Individual           | \$25   |
| <input type="checkbox"/> Family               | \$35   |
| <input type="checkbox"/> Steward              | \$50   |
| <input type="checkbox"/> Patron               | \$100  |
| <input type="checkbox"/> Benefactor           | \$250  |
| <input type="checkbox"/> Sponsor              | \$500  |
| <input type="checkbox"/> Conservation Partner | \$1000 |
| <input type="checkbox"/> Business Steward     | \$50   |
| <input type="checkbox"/> Business Patron      | \$100  |

Name \_\_\_\_\_

Primary Mailing Address \_\_\_\_\_

Primary Phone \_\_\_\_\_

Second Mailing Address \_\_\_\_\_

Second Phone \_\_\_\_\_

E-mail \_\_\_\_\_

- ☐ I am enclosing an additional donation of \$\_\_\_\_\_.
- ☐ I will send a gift of \$\_\_\_\_\_ from a Donor-Advised Fund.
- ☐ I will ask my employer to send a matching gift.
- ☐ Send me information about including a bequest to PWA in my will or trust.
- ☐ Contact me about volunteering.

Make check payable to "Pemaquid Watershed Association" and mail to PO Box 552, Damariscotta, ME 04543.

Pemaquid Watershed Association, Inc., is a 501(c)(3) organization. Contributions are tax-deductible.