



# The Watershed Watch

The Newsletter of the Pemaquid Watershed Association • Spring 2012

## Lower Pemaquid Shellfish Flats Re-Open

*By Amelia Fogg, PWA 2012 MCC AmeriCorps Member*

For the first time in 5 years, the Maine Department of Marine Resources (DMR) will permit shellfish harvesting in some areas of the lower Pemaquid River. In 2007 a large portion of the lower Pemaquid River was closed to shellfish harvesting due to mounting levels of pollution; the DMR declared the area unfit for shellfish harvesting due to high bacteria levels in the water, mostly a result of overboard discharges (OBD).

The term "overboard discharge" refers to a system of liquid waste disposal into a body of water. OBDs historically involved discharge of waste directly into the water. Since the passage of the Clean Water Act in 1972, however, OBDs have required secondary treatment of the waste before it can be discharged into the water.

The water quality in the lower Pemaquid River has improved enough that in February of this year the DMR opened some areas to seasonal harvesting of shellfish (see DMR map on page 4). Most of the newly opened area is listed as "Conditionally Approved" to be open between October 1 and April 30 and closed May 1 to September 30 due to proximity to a marina and seasonal non-point source pollution (see area "C" on the map). A small portion of the lower Pemaquid River is "Conditionally Restricted" and requires shellfish harvesters to obtain a special permit from the DMR (see area "B" on the map).


*(continued on page 4)*

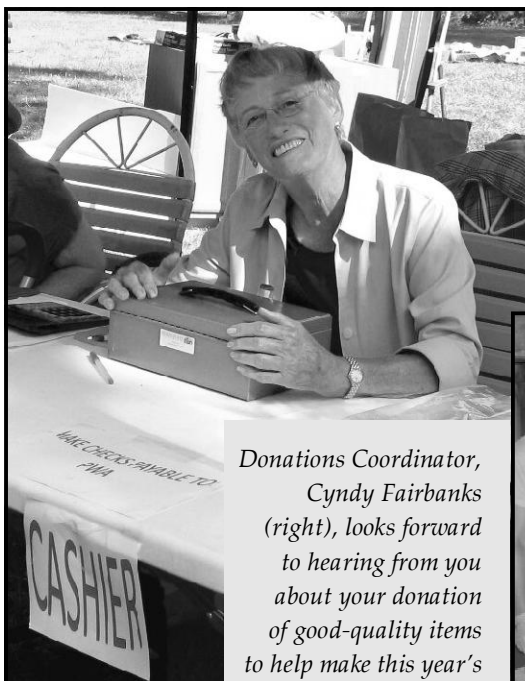


## Third Annual PWA Barn Sale

Mark your calendar! PWA will hold its third annual Barn Sale on Saturday, July 21, from 8:00 a.m. to 2:00 p.m. at Frog Hollow Farm Barn at 236 Back Meadow Rd in Nobleboro, rain or shine. Our first sale in 2010 raised \$2865 for PWA, and our 2011 sale raised \$4115. Help make this year's sale the best yet by donating nice items, storage space, or your time and energy as a volunteer.

This event is a great reason to clean out your basement, attic, and garage. PWA seeks donations of household items, decorative items, collectibles, tools, antiques, boats and all things nautical, and books. As in the past, we will not be accepting clothing, computers, or large appliances. Contact the barn sale's Donations Coordinator, Cyndy Fairbanks, at (207) 563-2043 or sprucehillfarm@yahoo.com for more information on donating items or if you have a local and convenient space where we can store items during the months prior to the event.

We also need volunteers to gather and transport items; clean, arrange, and price items, and to help during the sale in all sorts of ways. To volunteer, please contact the barn sale's Volunteer Coordinator, Carol Andrews, at (207) 650-0269 or candrewsontheroad@yahoo.com. 



*PWA volunteer (and owner of Frog Hollow Barn where the sale takes place), Martha Naismith (left), looks forward to assisting you with your purchases on July 21.*

*Donations Coordinator, Cyndy Fairbanks (right), looks forward to hearing from you about your donation of good-quality items to help make this year's sale better than ever!*

*Everything\* and a kitchen sink wanted!*  
*\*except clothing, computers, and large appliances*



## Executive Director's Corner

How wonderful to hear the birds singing to herald spring. I feel the freshness and promise of this new year throughout my work here at Pemaquid Watershed Association. We are teeming with new projects that will improve PWA as an organization and projects that will advance our mission of land and water conservation and environmental education. Here are four snapshots.

① PWA was invited to participate in the first-ever Non-Profit Effectiveness Initiative Program specifically designed for Land Trusts by the partnership of the Maine Association of Nonprofits and Maine Land Trust Network. In mid-March, PWA Vice-President Karen Filler and I attended a 1½-day workshop with eight other Land Trusts where we took an in-depth look at PWA's fiscal and programmatic viability. In addition to the analyses and training at the workshop, PWA will receive six hours of professional consulting to design and implement measures for greater organizational effectiveness.

② PWA recently was selected from among 166 applicants to receive \$7,500-worth of pro bono marketing-related

guidance from a firm in Texas that specializes in non-profits. They are going to help us evaluate our 'brand' and present our mission with greater clarity. The first step, which we completed in early March, was a survey of our Business Members.

③ We have just begun a collaboration with Weymouth House Community Initiatives in Bristol for a community garden. The vision is to involve children and adults from the area in learning about sustainable gardening and then to put the learning into practice by creating and maintaining a garden on the Weymouth House property. A natural fit is to weave awareness of soil and water conservation practices, wildlife habitat management, and protection of the watershed into the outreach.

④ I am extremely excited to announce that the long-anticipated return of a sanitary facility at Biscay Beach will happen this year! Not only will a portapotty be placed near the beach, a new suite of vegetation will be planted along the shore on both sides of the beach as a buffer to reduce erosion and minimize polluted run-off into Biscay Pond. To thank are PWA Director, Jill Rice, for her persistent and resilient project leadership; partnership by the Town of Damariscotta led by Damariscotta Public Works Director, Steve Reynolds; Lincoln Academy Climate Action Club and Club Advisor, Charlie Scimone; and Rebecca Jacobs at Knox-Lincoln Soil and Water Conservation District; advice and support from Crockett's Septic; cooperation from the Maine Department of Environmental Protection; and the support and encouragement from PWA volunteers and community members.

Like the robin pulling up its first juicy worm of the season, we at PWA have much to be grateful for.

☞ Donna Minnis,  
Executive Director



### Pemaquid Watershed Association

#### Mission:

To conserve the natural resources of the Pemaquid Peninsula through land and water stewardship and education.

#### Community Service Vision:

A protected yet accessible Pemaquid Peninsula where people and wildlife thrive in a pristine and nurturing environment



#### Board of Directors

Bill Bausch, President  
Karen Filler, Vice-President  
Chris Roberts, Treasurer  
Jill Rice, Secretary  
Mary Berger  
W. Gerould Clark, III  
Cyndy Fairbanks  
Carol Knapp  
Steve Laurich  
Peter Lawrence  
Martha Naismith  
Hylie West

#### Executive Director

Donna Minnis

#### 2012 AmeriCorps Member

Amelia Fogg

#### Adopt-a-Trail

Bath Savings Institution —  
Bristol Recreational Trail

Masters Machine Company —  
La Verna Preserve

The First — Doyle Preserve



### John Bald Photo Exhibit "Seascapes"

thru April 20 at the PWA office suite

*"If all you did was just look for things to appreciate, you would live a joyous, spectacular life." — Abraham*

## President's Corner:

### A Call For People To Volunteer On the Land For The Land

As Donna points out in the Executive Director's Corner, PWA is revving up on many fronts, and there is much to be grateful for. Leading my list of "gratitudes" are the volunteers who bring their passion and dedication to work in the field (and in the office, too) year in and year out. The folks who steward our preserves are at the top of my list! They come to know and love their preserves – the terrain and boundaries, flora and fauna. They keep an eye on the kiosks and trail conditions and involve other volunteers in the fun and sense of accomplishment as part of trail crews.

As with all things, though, transitions happen that necessitate new beginnings. On point is that Bruce Babb is stepping down as volunteer steward of the Bristol Recreational Trail. Bruce has tended the trail faithfully since it was created in 2006



*Bill Bausch, PWA President, collecting petition signatures for a PWA appropriation to be placed on Damariscotta's town warrant.*

and also created a poster about the trail to inform visitors to the Bristol Town Hall. He made the signage for the trail, helped make the kiosk, and did a great job keeping the trail well maintained. Please join me in saying "Thank You" to Bruce for all he's done!

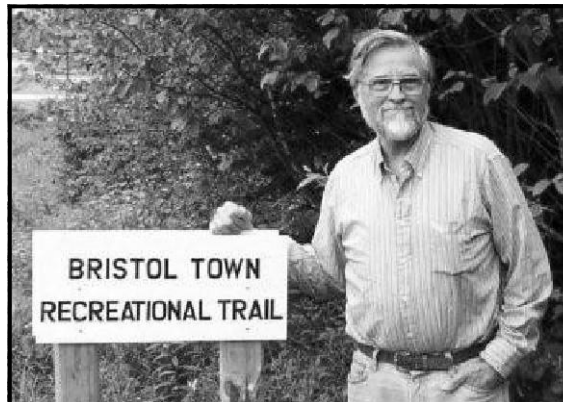
With Bruce's retirement from this stewardship role, PWA needs someone to step up to carry on in his footsteps at the Bristol Recreational Trail. Coincidentally, we also need new folks to step up to assume the lead steward role at three of our preserves: Crooked Farm Preserve, Bearce Allen Preserve,

and Little Falls Brook Preserve. Little Falls Brook is one of our newest preserves and is a terrific opportunity to experience everything from completing baseline documentation and developing a management plan, to perhaps, depending on the plan, laying out trails and creating a boardwalk to enable access to the marshy area.

There also are important and exciting lands-related opportunities for volunteers other than becoming preserve stewards. For example, we need help with specific tasks like vegetation sampling, habitat mapping, and photographing sites. Energy and enthusiasm are key attributes for working on these jobs. Of course, experience is welcome, too, but not a prerequisite, so don't hold back. On-the-job training is part of our generous compensation package for volunteers.

This is a call for people who want to volunteer on the land for the land! Please get in touch with Donna (563-2196 or [info@pemaquidwatershed.org](mailto:info@pemaquidwatershed.org)) or with me to volunteer or to request more information.

➤ Bill Bausch, President *Bill Bausch*  
[president@pemaquidwatershed.org](mailto:president@pemaquidwatershed.org)  
(207) 563-7981



*PWA thanks Bruce Babb for his dedicated volunteer service as steward of the Bristol Recreational Trail from 2006 to 2011.*

➤ Have you experienced this gem of a trail? The 1-mile-long Bristol Recreational Trail starts at Route 130 just south of the Bristol Consolidated School, leads back to the Pemaquid Estuary, then returns to the highway just north of the school near Lupine Road. It crosses town-owned property, private property, and school property and is maintained by PWA. This trail is sponsored by Bath Savings Institution as part of PWA's Adopt-a-Trail Program.

#### **PWA Business Members**

Alewives & Ales Bed & Breakfast  
Bath Savings Institution  
Cheney Insurance Agency  
Consultox Limited  
Damariscotta Bank & Trust Co.  
First Federal Savings  
Gosnold Arms, Inc.  
Granite Hall Store  
H. M. Payson & Co.  
Hanley Construction  
Lake Pemaquid, Inc.  
Lakehurst Camps  
Lincoln County Publishing  
Masters Machine Company  
Mexicali Blues  
Michael Alderson Restorations  
Mid-Coast Energy Systems  
Midcoast Yoga Shala  
Mountainside MD Press  
Newcastle Marine, Inc.  
Newcastle Square Realty Associates  
Roy E. Seibel, Jr. M.D.  
Salt Bay Framers  
Sproul's Furniture  
The First  
The Nature Conservancy  
Ye Olde Forte Cabins  
Yellowfront Grocery  
Yudy's of Damariscotta



# Welcome to PWA's 2012 MCC AmeriCorps Member



Amelia Fogg

PWA welcomes Amelia Fogg as this year's Maine Conservation Corps (MCC) AmeriCorps Member. Amelia grew up in Pittsford, New York, and attended Colby College in Waterville, ME. After graduating from Colby in May last year, Amelia led canoe trips for a summer camp in northern Minnesota and worked at Eastern Mountain Sports. She always has had a passion for the outdoors and is excited to use that passion to fuel education and conservation efforts in the Pemaquid River watershed area. "It is one thing to spend time canoeing and hiking, and a very different thing to work so that other people can enjoy those same activities now and in the future. That is why I think the work that PWA does is so important, and why I am excited to be a part of it." When she is not working, Amelia spends her free time running, hiking, paddling, and gardening. 🌿

## Shellfish Flats

(continued from page 1)

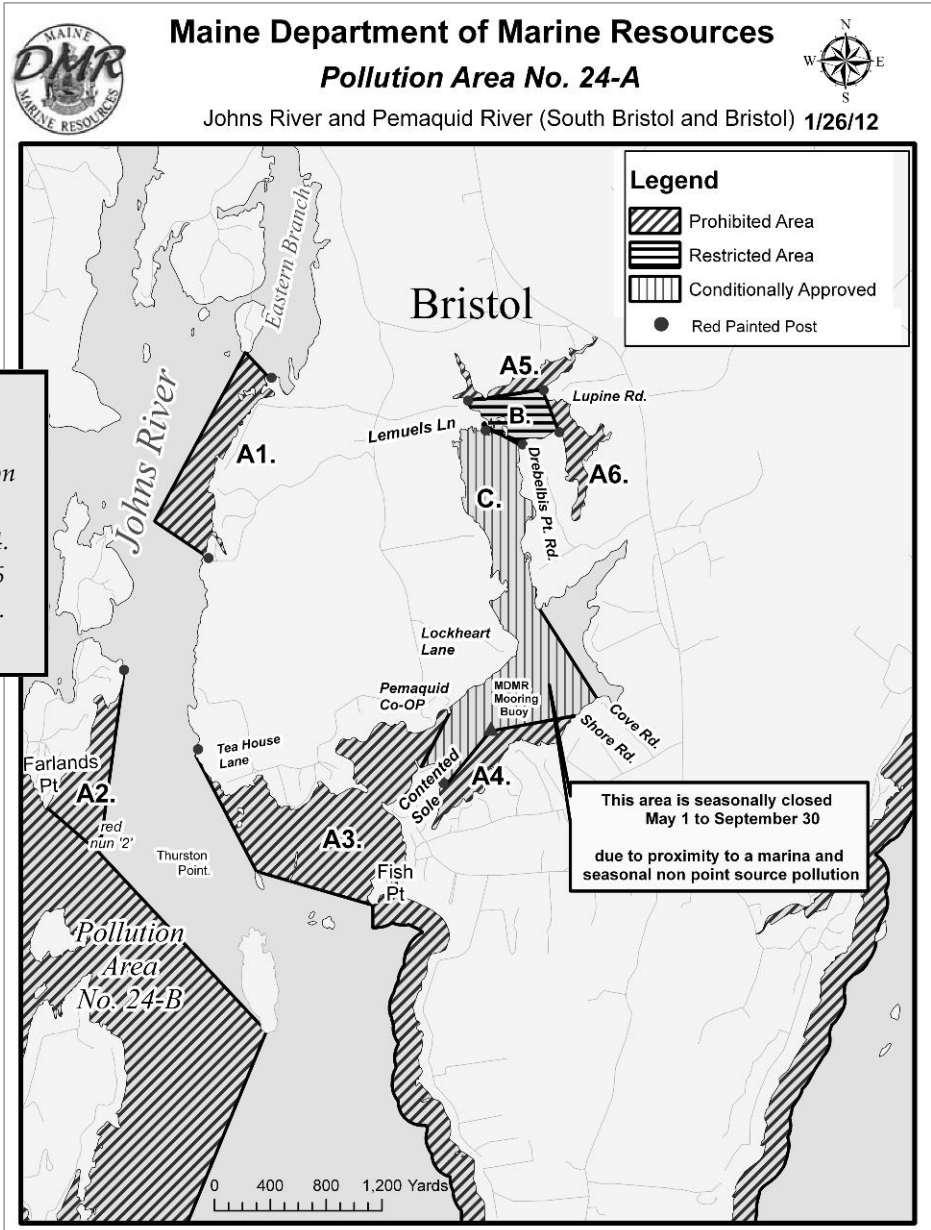
Two OBDs discharging into Pemaquid Harbor were removed in 2010, but OBDs remain a significant source of pollution in the lower Pemaquid River. Due to bacteria levels in the water, shellfish harvesting remains prohibited in areas around Fish Point and on the upper portion of the lower Pemaquid River near Lupine Road (see areas labeled "A" on the map).

### For more information ...

**Shellfish Harvesting:** The DMR Growing Area Classification Program evaluates all shellfish growing areas in the state of Maine to determine their suitability for harvest. FMI on Pemaquid River shellfish, contact DMR Shellfish Growing Area Supervisor, Alison Sirois, at (207) 633-9401 or [Alison.sirois@maine.gov](mailto:Alison.sirois@maine.gov). FMI on the DMR Shellfish Program and the most up-to-date regulatory maps, visit [www.maine.gov/dmr/rm/public\\_health/index.htm](http://www.maine.gov/dmr/rm/public_health/index.htm).

**Overboard Discharge:** The Maine Department of Environmental Protection's Overboard Discharge Program is responsible for regulating discharges of sanitary and household wastewater generated at residential or commercial locations to streams, rivers, bays, and the ocean. FMI on the DMR OBD Program, visit [www.maine.gov/dep/water/wd/OBD/index.html](http://www.maine.gov/dep/water/wd/OBD/index.html). 🌿

*Shellfish presentation in Bristol on June 14. See page 6 for details.*



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# Guest Essay: Preserving the Place I Love

*By Maddy Rand*

Damariscotta is my favorite place in Maine. I go to Damariscotta in the summer a ton because my grandparents live next to Biscay Pond. Their house is a little cottage with several large windows that look out to the pond. My family calls it our camp.

There are so many fun things to do there. I love going up there because we go fishing, swimming, boating, kayaking, and tubing in the water. At night, after a big lobster meal, we go outside and build a fire in Grampa's chiminea and bake s'mores. Also, we go downtown to shop.

When I'm at the cottage, I love the sound of the water hitting against the dock when a boat goes by. During the day, we lie outside on the lawn chairs and bask in the sun. Down by the water and around the house there is an extreme amount of trees and plants covering the edge of the water that give me shade to cool off under. I love the feeling of the flat rocks that hold my feet above the water as I hop to the dock. Even my dog Max walks on the rocks to stay out of the water and get a drink.

At my camp everything is so beautiful. The water is dark blue and shines when the sun is out; the trees are a bright green, and there are so many

rocks to hop on, and skip in the water. I would be devastated if anything ever happened to it.

I would like to help preserve Damariscotta. There isn't any other spectacular place I'd rather be. I would hate it if this place ever got ruined. If anything ever happened to my camp, I would be devastated. Most especially, I would be sad if there was trash everywhere, the water was polluted, or if the trees were cut down.

If the water was polluted, I wouldn't be able to swim or tube behind the boat. Also, kayaking or boating wouldn't be fun because the water would smell and look gross. It would also smell bad if there was trash everywhere and the plants and trees wouldn't grow. Plus, if there weren't any trees, there would be no shade, and my camp wouldn't be as private. There are so many beautiful birds and cute little chipmunks, and if there were no trees, there wouldn't be a lot of those animals.

I want to preserve Damariscotta, but how? Preserving Damariscotta can sound like a challenge, but it's not that hard. If I don't want there to be any trash on the ground, I could pick that trash up and throw it away. I could also be sure to not litter. It can

sometimes be breezy, so after eating outside we could bring in our plates and napkins so they don't blow away. To keep the water from being polluted, I or anyone should not dump trash or waste into the water. To protect the trees, we could plant more trees and make sure any logging is done carefully. These are the best ways to preserve my favorite place in Maine.

As you can see, Damariscotta is one of the best places in Maine. For me, Damariscotta means spending time with my family at the cottage, enjoying yummy lobster, tubing on the pond, swimming in the water, and shopping downtown. Preserving Damariscotta is important to me because I will always have these things to do when I go there. I wish I could live there year round just like my Grammy and Grampa. ✨

*Maddy Rand,  
with her dog Max.  
Maddy is the  
granddaughter of  
Gard and Mary  
Rand, who are  
long-time PWA  
supporters.*



## Help Needed for PWA's Summer Camp

Do you have a passion for nature and want to inspire kids to learn about our environment? PWA would love your help with our *Watershed Kids Nature Day Camp* this summer. There will be two 5-day sessions of camp for kids ages 6 to 9 on Monday through Friday, July 2 to 6 and 9 to 13. Camp runs from 8:30 a.m. to 3:00 p.m.

**Camp Assistant:** PWA seeks an adult who can commit to volunteering for one or both week-long sessions to help with lessons, activities, and hikes. Ideally, this person would be willing



*Volunteer Carol Knapp with PWA campers.*

and able to be present every day that the camp session meets. There is a modest stipend available.

**Other volunteers:** Helpers are needed every day of camp as 'extra eyes' to watch over campers and help camp run smoothly. Timing is flexible and can be made to fit your schedule. We also welcome volunteers who would like lead a camp activity.

If you are interested in helping with camp, please contact Amelia Fogg, Camp Director, at (207) 563-2196 or [pwalearn@pemaquidwatershed.org](mailto:pwalearn@pemaquidwatershed.org). FMI on the PWA's summer camp, see [www.pemaquidwatershed.org/education.html](http://www.pemaquidwatershed.org/education.html). ✨

† Sun. April 15: Kick off National Volunteer Week with a trail crew at La Verna Preserve. Meet at the parking area at 1:30 p.m. La Verna Preserve is sponsored by Masters Machine Company.

Sat. April 21: Close out National Volunteer Week with Litter Pick Ups in Bremen and Bristol. PWA is collaborating with the Bremen Patriotic Club for the annual Bremen Roadside Cleanup from 9:00-noon; volunteers should go to the Bremen Fire House for bags and instructions. PWA also is collaborating with the Bristol Lions on their annual Elmer Tarr roadside pickup from 8:30-11:30 a.m.; volunteers should gather at the Willing Workers Hall in New Harbor. RSVP to volunteer on behalf of PWA for either pickup to [info@pemaquidwatershed.org](mailto:info@pemaquidwatershed.org).

† Sun. April 22 is Earth Day! Join in a collaborative PWA-DRA trail crew at Crooked Farm Preserve at 1:30 p.m.

Also on April 22: Earth Day Extravaganza at the Weymouth House in Bristol. Activities for children and workshops for adults.

April 25-June 1: Deb Arter Art Exhibit "Nature as Touchstone".

Fri. April 27, 4:30-5:30 p.m.: Arter Exhibit Reception.

May to Sept.: PWA Paddlers — See page 10 for the schedule.

† Thurs. May 10, 8:00 a.m.: Trail crew and painting party at the Doyle Preserve. Doyle Preserve is sponsored by The First.

Sat. May 12: Buffer planting at Biscay Beach, 8:00 a.m. - 2:00 p.m.

Tues. May 15, 1:00-3:00 p.m.: Healthy Beaches Volunteer Training at Pemaquid Beach Park. The Maine Healthy Beaches Program, a statewide effort to monitor water quality and protect public health at Maine's coastal beaches, will teach participants how to collect water samples.

Volunteers will be asked to commit approximately 1 hour every other week during the summer to collect samples. Be ready to get wet, as we will be wading into the water. Please bring waders if you have them; if not, there will be some there to borrow. Meet at the beach parking lot at 1:00 p.m. RSVP to [info@pemaquidwatershed.org](mailto:info@pemaquidwatershed.org).

NOTE → This training is for those interested in sampling at Pemaquid Beach as well as at Biscay Beach and the Bristol Mills Swimming Hole.

Mid-May to Sept: Osborn Finch Cabin on the Osborn Finch Wildlife Sanctuary, Dutch Neck, Waldoboro, is open for guests. This rustic and cozy cabin setting provides 300 feet of tidal frontage on the Medomak River, perfect for kayaking. The cost is \$50/night, with a 2-night minimum stay. Contact PWA to reserve dates.



*PWA Volunteer Nancy Johansson at the 2011 Healthy Beaches training.*

Sat. May 19, 9:30-10:30 a.m.: Courtesy Boat Inspection Training, Nobleboro Town Office at 192 Rte 1. Learn how to be part of the front-line educational effort to keep invasive plants out of our ponds. This training is free and is mandatory for anyone who wants to be a CBI. Co-organized by PWA and DLWA.

† Sat. June 2, 9:00 a.m.: Trail crew at Bearce-Allen Preserve.

Tues. June 5, 9:00 a.m. – noon: Planning for a Good Timber Harvest, by Morten Moesswilde, Maine Forest Service. Hosted by Steve and Jo Laurich in Bremen. Co-organized by PWA and Knox-Lincoln Soil and Water Conservation District. Parking is limited. RSVP by May 29 to Rebecca Jacobs at [rebecca@knox-lincoln.org](mailto:rebecca@knox-lincoln.org) or (207) 596-2040.

Fri. June 8, 5:00-8:00 p.m.: PWA's 8th Annual Party on the Pier at The Contented Sole restaurant, Pemaquid Harbor. Silent and live auctions, signature hors d'oeuvres, dinner sampling, delightful desserts, and cash bar. Reserve your tickets early and sign up for a 15-minute "Harbor Putt" tour of Pemaquid Harbor (available on a first-come, first served sign-up basis). Live music by Dam Jam Fiddlers & Co. Tickets are \$25 each, available from PWA and the Maine Coast Book Shop. Items available for bidding on May 31 at Skidompha Library and via email (see PWA web site). Party on the Pier is made possible by The Contented Sole.

Thurs. June 14, 7:00-9:00 p.m.: Bivalves and Water Quality, at the Bristol Town Hall. Shellfish educators from the Kennebec Estuary Land Trust, a Marine Extension Associate from the Darling Marine Center, and a Shellfish Growing Area Supervisor from the Dept. of Marine Resources will present about water quality in the Pemaquid River, how water quality affects shellfish stocks and human health, and how members of the community can protect shellfish flats.

Δ Sun. June 17: 1:00-4:00 p.m. Paddling Skills Clinic.

Δ Tues. June 19: Invasive Aquatic Plant Basic Identification Training.

✧ Sat. June 30, 6:45-8:45 p.m.: 2<sup>nd</sup> Annual PWA Puffin Sunset Cruise with Hardy Boat Cruises. Sailing out of New Harbor to Eastern Egg Rock, we'll circle the island for great views of puffins, terns and other seabirds. A pass by the lighthouse at Pemaquid Point at sunset will combine birding with a lovely summer evening on the Maine coast. Cash bar. Desserts provided by Damariscotta River Grill. Tickets are \$30 each.

Wed. July 4, rain or shine: 8th Annual Rubber Ducky River Race. Tentative launch time is 2:15 p.m. (+/- 15 minutes). Check the PWA web site for updates in launch time. Best view for the race is the finish line, which is the Damariscotta/Newcastle bridge. Prizes for the top finishers (including \$100 cash) and for the very last finisher (the Pokey Ducky). Tickets are 1 for \$5.00 or \$25.00 for a '6-Quack' from the PWA office. Tickets also will be on sale on Saturdays in June outside the Maine Coast Book Shop, and on race day at the Round Pond Parade and on the bridge. Sponsored by Yellowfront Grocery.



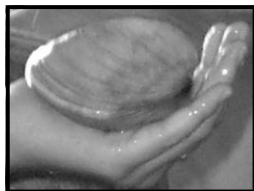
July 2-6 and 9-13: PWA Watershed Kids Nature Day Camp Two 5-day sessions of camp for children ages 6-9. 8:30 am - 3:00 pm daily, \$175 per 5-day Session. Held at the Doyle Preserve in Damariscotta and at the Rachel Carson Salt Pond Preserve in New Harbor. See brochure at [www.pemaquidwatershed.org/education.html](http://www.pemaquidwatershed.org/education.html).

July 16-Aug. 17: Jake Day Exhibit at PWA.

Δ Mon. July 16: Invasive Plant Patrol Field Methods Workshop.

Tues. July 17: Beachcombers' Rest Nature Center at Pemaquid Beach Park opens for its 9<sup>th</sup> season. Open from 10:30 a.m. - 3:30 p.m.

Tuesdays through Saturdays from July 17 to September 1 (weather permitting). The Nature Center is a collaboration between PWA and the Bristol Parks and Recreation Commission. Come June, see [www.pemaquidwatershed.org/naturecenter.html](http://www.pemaquidwatershed.org/naturecenter.html) for this season's calendar of events. Touch Tank Tuesdays from July 17 to Aug. 28, 10:30 a.m. - 12:30 p.m., courtesy of the Gulf of Maine Foundation and Darling Marine Center, and sponsored by The Edward A. Myers Marine Conservation Fund



\* Wed. July 18, 7:00 p.m.: Lush Lawns without Chemicals. Do you want a healthy and safe lawn? Just because weed and insect controls can be bought at a store doesn't mean they are safe. Weed and insect controls are designed to be toxic. Fertilizers are often used unnecessarily, wasting money and polluting our waters. We can help you reduce the use of fertilizers, insecticides, and herbicides and still have a lush, green lawn!

Sat. July 21, 8:00 a.m. - 2:00 p.m.: 3<sup>rd</sup> Annual PWA Barn Sale, Frog Hollow Farm barn at 236 Back Meadow Rd, Nobleboro. See page 1.

\* Wed. July 25, 7:00 p.m.: Native Plants for Water Quality, Wildlife, and WOW! When choosing plants for your home landscape, why not choose a native or native cultivar that will be well-adapted to the environment, provide habitat for wildlife, and add a certain something special to your landscape? Join us to meet native perennials and shrubs that can be found locally and learn which non-natives to avoid. Learn tips and techniques on how to improve your landscape with all of these elements in mind.

Sat. July 28, 5:30-7:45 p.m.: PWA's Annual Meeting, Fellowship Hall of the Congregational Church of Bristol. Everyone is welcome. Potluck starts at 5:30 p.m.; business meeting 6:15-6:45; Guest Speaker Geri Vistein, 6:45-7:45, on Carnivores. Bring a potluck item to share. Sponsored by Rising Tide Community Market.

\* Wed. Aug. 1, 7:00 p.m.: Beef Up Your Buffer: When More is Better...and Why. Whether you are building a "living fence" along your property or your aim is to improve water quality by reducing erosion and run-off along your waterfront, a buffer is what you need! Vegetated buffers absorb water and nutrients, trap excess soil, provide wildlife habitat, and mimic natural systems to create a dynamic landscape to enjoy in all seasons.



August: Autumn Bird Seed Sale.

Aug. 20-Sept. 28: Nancy Stadlander Art Exhibit "In the Company of Nature: Watercolors".

Thurs. Aug. 23, 4:30-5:30 p.m.: Stadlander Exhibit Reception.

Friday, Aug. 24, 7:00-9:30 p.m.: "Earth as Muse" Second Annual PWA Benefit Concert, Congregational Church of Bristol. Featuring acoustic guitar singer/songwriters performing songs honoring Earth, with a concurrent bake sale in the Fellowship Hall featuring mostly pies! (You can access the bake sale without attending the concert.) \$12/ticket; Children under 12 Free. Tickets available in advance from PWA or at the door.

Tues. Aug. 28, 5:30-7:30 p.m.: PWA Volunteer Gala for active PWA volunteers. Sponsored by Damariscotta Bank & Trust Co., with appetizers and dinner provided by Savory Maine.

⌘ Sun. Sept. 9, 5:00-7:00 p.m.: PWA's 7th Annual Cruise for a Cause with Hardy Boat Cruises. Route passes Pemaquid Point lighthouse on way to Damariscove Island located in the Gulf of Maine and will pass close to Ram Island lighthouse, and nearby Fisherman's Island. Cuckolds Lighthouse, located off of Southport Island, will be visible on this trip, as we circumnavigate Damariscove Island. Other islands on our route include Squirrel Island, Outer Heron and White Islands. Spectacular views of coastal homes, lighthouses, and wildlife abound. Bring your cameras for an unforgettable Maine Coast experience! Tickets are \$30 each; get your tickets early by contacting PWA. Complimentary hors d'oeuvres provided by King Eider's and sponsorship provided by H.M. Payson & Co.

Sat. Sept 15, 9:00 a.m. - noon: Coastal Cleanup at Pemaquid Point.

Oct. 1-Nov. 16: Belva Ann Prycel Art Exhibit "Beside the Water".

Fri. Oct. 5, 4:30-5:30 p.m.: Prycel Art Exhibit Reception.

Dec. 3-Jan. 11: Penny Moodey Art Exhibit "Surrounding Energy".

Fri. Dec. 7, 4:30-5:30 p.m.: Moodey Art Exhibit Reception.

December: Mid-winter Bird Seed Sale.


keep up with new events at  
[www.pemaquidwatershed.org](http://www.pemaquidwatershed.org)

Footnotes:

† RSVP to [trails@pemaquidwatershed.org](mailto:trails@pemaquidwatershed.org).

Δ Details available soon from PWA, but hold the date for now.

⌘ The route is subject to weather and may be modified at the discretion of the Captain. In the event that the Captain determines that the cruise cannot happen, it will be rescheduled; no refunds.

\* Knox-Lincoln Soil and Water Conservation District is partnering with PWA, Damariscotta Lake Watershed Association, and Muscongus Pond Association to offer this workshop. Location: Friends Meeting House at 77 Belvedere Road in Damariscotta. 

# Volunteer Spotlight



Carol Andrews and Jazzy.

- ◆ Name: Carol L. Andrews
- ◆ Age: Well past the age of consent.
- ◆ Occupation: Retired Elementary Teacher
- ◆ How long have you volunteered with PWA? 15 years +/-
- ◆ Programs you most often volunteer for: courtesy boat inspection, water sampling at Bristol Mills swimming hole, barn sale, LakeSmart, and attending the PWA Biscay Ponders gatherings and hosting the one in 2010.
- ◆ First PWA program you volunteered at & memories of that experience: Courtesy boat inspections. There was no program in effect at the time. As a new program, I needed to find volunteers to cover the 3 major launch sites (Nobleboro boat launch, Biscay Beach, and Lake Pemaquid campground) weekends throughout that first summer. I twisted a lot of arms, but many hands made the job easy. It was a very successful beginning to a most valuable program. None of us "courtesy boat inspectors" felt great confidence initially with our ability to identify invasive plants...but our role as educators of boaters in that regard soon became apparent. The boaters were very receptive and supportive of our efforts.
- ◆ How long have you lived in Bristol: I cannot believe that Ron and I retired to (another word for

chose) Maine some 24 years ago after spending about 6 to 7 summers in the area. We moved to a sweet little cabin on Biscay Pond 15 years ago.

- ◆ Favorite food: Most every kind and shape food works for me...and our Maine lobsters, crab, and oysters set the bar.
- ◆ Last song you had stuck in your head: Kate Smith's *God Bless America*, which I just saw on a PBS special
- ◆ Where did you grow up: In Westfield, NJ, which was a bedroom community to NYC when I was growing up. We raised our family on the NJ/PA border.
- ◆ Hobbies/interests: Many and varied, most of which require movement...I LOVE playing tennis and other racket sports, have been a tennis teaching pro, kayaking and any boating is high on the list, but maybe at the top of the list is walking, throwing the ball to, playing with, spending time on the water with and trying to stay one step ahead of my Portuguese Water Dog, Jazzy...to know her is to love her...and to be perfectly honest, she saved my life after my beloved Ron died. I also enjoy volunteering at the Congregational Church of Bristol and the Miles Hospital Thrift shop. Travel also is high on my list, with Scotland with daughter and granddaughter in April this year.
- ◆ Dream vacation: Probably the Australian Tennis tourney, but I would not turn down Wimbledon or the French Open. And then there are the lakes in Italy that also call to me! So much to do and so little time!
- ◆ Favorite PWA memory: There are many but two come quickly to mind: (1) boating over to the first ever PWA Biscay Ponders event at Mary Berger's and slipping off the

dock attempting the return trip up the pond...brrrr, and (2) sliding off the mossy rock doing water sampling at the Bristol Mills swimming hole, trying to figure out how to save the water sample with one hand and get back to shore with the other...again brrr.

- ◆ What keeps you coming back each year to PWA as a member and volunteer? First and foremost, the mission of the PWA. Second, the really neat-o other people who volunteer. Third, the great PWA personnel that do such a phenomenal job, and then, just plain wanting this, our very special place in the universe, to continue being special! 🌿



Pemaquid River. Photo by Donna Minnis.

## Hidden Treasure

### By Traffic

Take a walk down by,  
take a walk down by the river  
There's a lot that you,  
there's a lot that you can learn  
If you've got a mind that's open,  
if you've got a heart that yearns

If you listen to,  
if you listen to the water  
You will hear the sound,  
you will hear the sound of life  
There's a million different voices,  
there is happiness and strife

Message in the deep,  
from a strange eternal sleep  
That is waiting there,  
that is waiting there for you  
Like hidden treasure

## Creating Summer Camp Memories: PWA's Hauschka Scholarship Fund

Every child deserves wonderful outdoor camp experiences. In that spirit, PWA established the Hauschka Scholarship Fund in 2001 in honor of the family that spearheaded the organization's grassroots origins. Ted and Elsa Hauschka were the primary founders of the Biscay Pond Association in 1966, which became PWA in 1973. Their namesake scholarship fund continues their legacy and dedication to sharing the wonders of, teaching respect for and educating our youth about the natural world around us and serves as a lasting reminder of the important contributions the Hauschka's made toward preserving the natural beauty of our region.

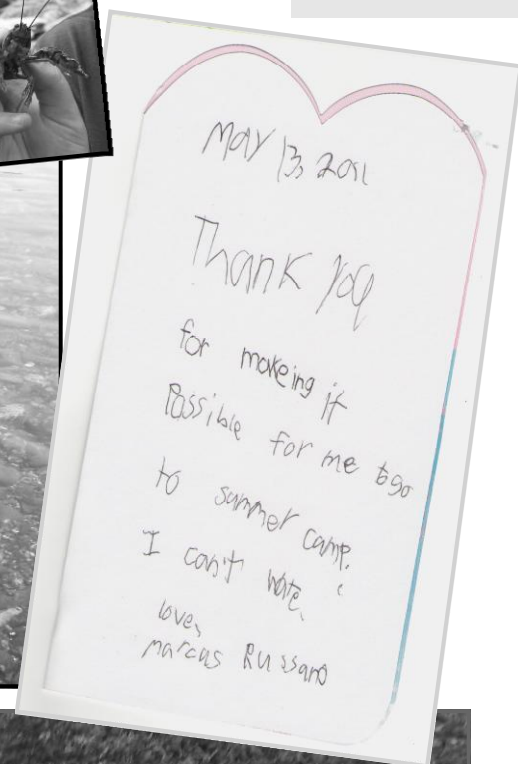
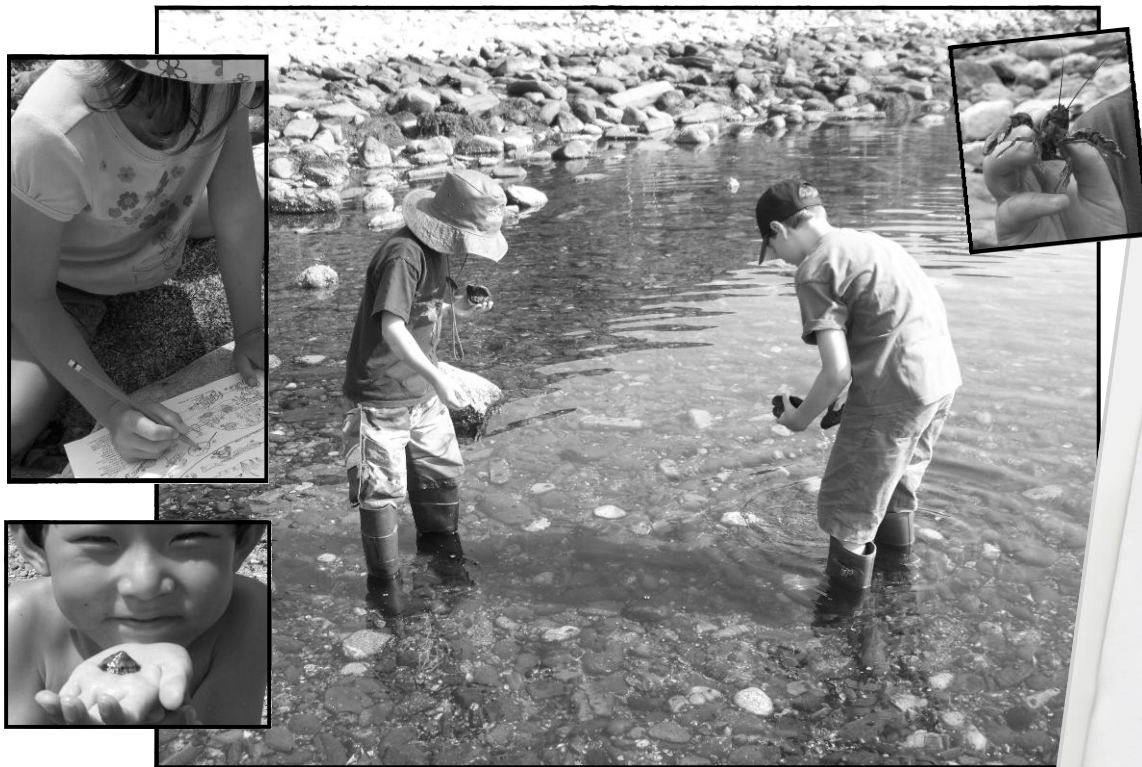
Since the fund began, PWA has distributed \$17,510 in scholarships to 113 children to attend summer camp, including initially Tanglewood 4-H Camp in Lincolnville, Morris Farm Day Camp in Wiscasset, Wavus-By-Day in Jefferson, and, more recently, PWA's own Watershed Kids Nature Day Camp in Damariscotta and New Harbor.

This fund is replenished annually thanks to voluntary contributions from donors like you. Please consider a gift to the Hauschka Scholarship Fund and help make a summer camp wish come true. 🦋



*The Huberty twins enjoyed a nature scavenger hunt with the Counselor-in-Training at PWA's summer camp last year.*

*"I was so impressed with the dinner conversation after camp each night. The boys spoke of all the animals and creatures they had seen while immersed in the forest and along the coast. I had to drag them away after a full day at the Rachel Carson Salt Pond Preserve. It was exactly the experience I wanted them to have. PWA's nature camp helped lay part of the foundation of my children's education."*  
— Howard Huberty, father of two 2011 campers



*Please help us make a child's summer camp dreams a reality by making a donation to the Hauschka Scholarship Fund today.*

Mail your tax-deductible donation to PWA at  
PO Box 552  
Damariscotta, ME 04543

## PWA Paddlers: May to July 2012




*The 8th season of the PWA Paddlers includes 19 paddles on Saturday mornings from May 26 to September 29. The paddling trips explore waterways throughout the Pemaquid/Mid-Coast region, and this year most are ocean paddles. The May through July trips are listed below; the August and September trips will be listed in PWA's summer newsletter. All trips are listed at the PWA web site.*

*Trips are designed to be easy to moderate in difficulty and will be cancelled if raining. Participation is free and open to the public. Participants must provide their own kayak or canoe, wear a personal flotation device, and submit a standard release form prior to participation. Participants under 18 must be accompanied by an adult. FMI, contact Peter Lawrence at (207) 563-7663, (207) 563-3104, or paddlers@pemaquidwatershed.org.*

- Sat. May 26, 10 a.m. - Nequasset Brook/Woolwich - From Damariscotta, take Rte 1 south to Wiscasset to Old Bath Rd (~1 mile on right). Proceed on Old Bath Rd bearing right onto Old Stage Rd crossing Delano Rd on left and Dana Rd on right for a total of ~6 miles. Parking for the put-in is a short distance on the right just before the bridge. No restroom; duration 2 hrs; optional lunch at the Montsweag Roadhouse restaurant.
- Sat. June 2, 10 a.m. - Weskeag (Gig) River, Thomaston - Take Rte 1 North to Thomaston. Proceed through town to 2<sup>nd</sup> traffic light at bottom of small downgrade. Turn right on Rte 131 going past Montpelier mansion on left. Proceed several miles passing RR tracks and "Hoggy's" gas station on right. Shortly thereafter turn left onto Westbrook Rd and follow it for 1.9 miles to a "T" intersection with Rte 73. Go left across the bridge with the put-in on right. Porta-potty available; duration 2½ hrs; optional lunch at a local restaurant.
- Sat. June 9, 10 a.m. - Boothbay/Indiantown, Powderhorn, Spectacle Island Area - Advisory: ocean paddling. Take Rte 27 from Rte 1 toward Boothbay for 9.6 miles to the monument in Boothbay. Bear right at the monument onto Barter's Island Rd for 1.75 miles and then a left over the bridge to the Knickerbocker boat launch on the right. Restroom; duration 3 hrs; optional lunch at the Trevett Country Store.
- Sat. June 16, 10 a.m. - East Boothbay/Linekin Bay to Cabbage and Negro Islands - Advisory: ocean paddling. Take Rte 27 south from Rte 1 toward Boothbay/Boothbay Harbor for ~11 miles to route 96 (Ocean Point Rd) on your left. Follow Rte 96 for ~2½ miles taking a right turn just past the grocery market on your right onto Murray Hill Rd. The put-in is a short distance down the road on the left. No restroom; duration 3 hrs; optional lunch at Lobsterman's Wharf restaurant.
- Sat. June 23, 10 a.m. - St. George River, Thomaston to Oyster River - Take Rte 1 north to traffic light in Thomaston turning right on Knox St and proceed to end (just across railroad tracks) to 90-degree right turn and look immediately for harbor entrance on left. Park on right by grassy area which is the put-in area. Restroom available; duration 2½ hrs; picnic lunch (bring your own) at private home on Oyster River.
- Sat. June 30, 10 a.m. - Five Islands, Georgetown Island or Cozy Harbor area, Southport, depending on the sea condition. Advisory: ocean paddling. From Damariscotta take Rte 1 South to Rte 27 on your left in North Edgecomb. Follow Rte 27 through Boothbay and Boothbay Harbor into Southport

over the bridge. Turn right off Rte 27 after the fire house and between the monument and the general store. After the store, fork left onto Shore Rd and proceed half a mile to the Lighthouse Beach where there is parking and where we will put-in. Duration 2½ to 3 hrs with optional lunch at the general store or a new lunch place at Cozy Harbor. Porta-potty at general store, but no facilities at beach.

- Sat. July 7, 10 a.m. - Outer Thrumcap Island, South Bristol - Advisory: ocean paddling. From Damariscotta take routes 129/130 south for ~3 miles. Rte 129 will split off to the right at Hanley's Market/Gas Station. Follow Rte 129 into South Bristol and cross over the swing bridge. Go 1.8 miles, with tennis courts on your right, to the fork in the road bearing right and immediately turn right onto Sand Cove Rd. The put-in is just down the road with parking on the left. No restroom. Duration 3 hrs with picnic lunch on the island (bring your own).
- Sat. July 14, 10 a.m. - Burnt Island/Boothbay Harbor - Advisory: ocean paddling. From Damariscotta take Rte 27 south 9.6 miles to the monument in Boothbay. Bear right onto Lakeside Dr, leaving the monument on your left. Follow Lakeside past Back River Rd at the monument; bear left, then right at the next 2 forks; follow several miles until the stop sign at route 27. Cross Rte 27 and continue a quarter mile to the town launching ramp on the right. You may have to park on the main road after dropping off your kayak. Duration 3 hrs with picnic lunch (bring your own) on Burnt Island where there is a restroom.
- Sat. July 21, 10 a.m. - Bradford Point, Friendship to Cranberry Island - Advisory: ocean paddling. Take Rte 220 South into Friendship to Rte 97. Turn left and take your first right past the fire station and Community Center onto Bradford Rd. About 1 mile down Bradford Rd is the launch area. You can unload your gear and kayak there, but parking is very limited and is not allowed in the area. We have permission from a landowner to park on his property. You will be directed upon arriving at the launch site. Duration 3 hrs with picnic lunch (bring your own) on the island. No restroom.
- Sat. July 28, 10 a.m. - Pemaquid River from Bristol Mills to Biscay Pond - From Damariscotta take Rte 130 south ~5.5 miles to the Bristol Mills boat launch (just before the swimming hole and the dam). Restroom; duration 2 hrs; optional lunch at the Bristol Diner. 



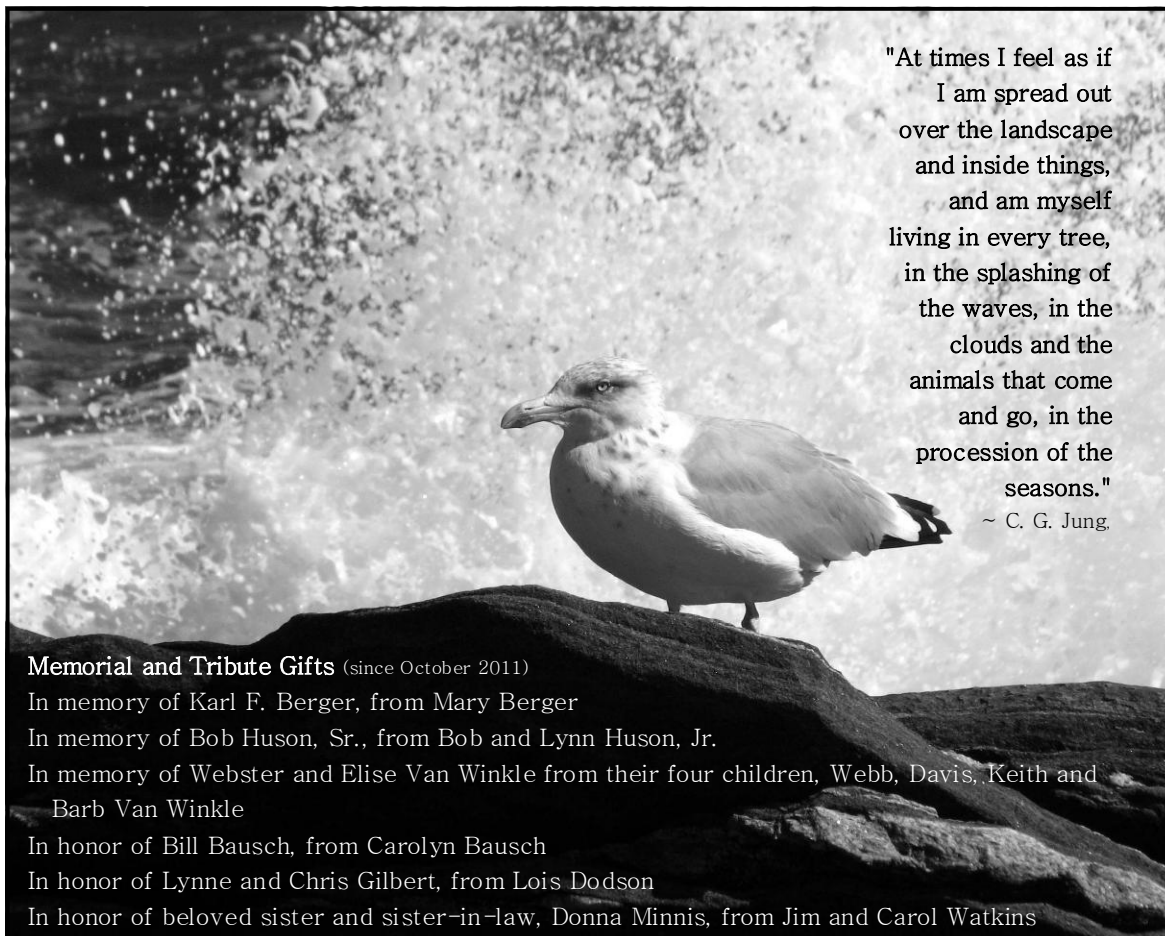


Photo by Ted Lane

"At times I feel as if  
I am spread out  
over the landscape  
and inside things,  
and am myself  
living in every tree,  
in the splashing of  
the waves, in the  
clouds and the  
animals that come  
and go, in the  
procession of the  
seasons."  
~ C. G. Jung.

**Memorial and Tribute Gifts** (since October 2011)

In memory of Karl F. Berger, from Mary Berger

In memory of Bob Huson, Sr., from Bob and Lynn Huson, Jr.

In memory of Webster and Elise Van Winkle from their four children, Webb, Davis, Keith and Barb Van Winkle

In honor of Bill Bausch, from Carolyn Bausch

In honor of Lynne and Chris Gilbert, from Lois Dodson

In honor of beloved sister and sister-in-law, Donna Minnis, from Jim and Carol Watkins

## Wish List "Catalog"

Support PWA by "buying" an item from their wish list!

*Partial contributions  
are welcome!*

### Office/Equipment Needs:

- Multi-media Projector and replacement bulb: \$599.00
- Duracell AA/AAA Battery Charger Kit: \$47.99

### Other:

- 6 "No Wake — Do Not Disturb Loons" signs: \$50.00 each  
(for placing at ecologically sensitive shoreline areas around Pemaquid-area Ponds)
- Materials for a 10'x10' raised deck for placement at the salt marsh overlook at Pemaquid Beach Park: \$350.00
- 10 Litter Pickers: \$17.50 each  
(32" 'reachers' for use by volunteers during litter cleanup events)
- 8 "Entering the Watershed" signs: \$57.38 each  
(24x30" aluminum roadside signs to educate the public about the location of the Pemaquid River watershed)

All you need to do is send a check in the amount of the item to PWA at PO Box 552, Damariscotta, ME 04543, and note in the check memo what you are "buying" for PWA.

Have you wanted to help PWA with their Wish List but just haven't had what they've been looking for?

Well, now fulfilling a PWA Wish is easier than ever!

Instead of donating the actual item, you can now donate its value so PWA can acquire it!

*(Of course, we still gladly accept gently used items.)*

### Wish Grantors:

- Bob & Lynn Huson, Jr. ~ 6 "Entering the Watershed" signs and lumber for posts
- Mike & Jane Trefren ~ Software Updates
- David & Bridget Watkins ~ 1000 PWA Decals



NON-PROFIT  
U.S. POSTAGE  
PAID  
PERMIT #11  
NEWCASTLE ME

P.O. Box 552  
Damariscotta, ME 04543  
(207) 563-2196  
info@pemaquidwatershed.org  
www.pemaquidwatershed.org

Photo by Karen Berg



*Is our PWA  
membership  
up-to-date?*

*Don't know.  
Let me check  
the mailing  
label.*

### Donate to PWA online!

**Network for Good** is an e-philanthropy portal that provides PWA the tool to accept online donations.

**Visit**  
**www.networkforgood.org**  
**today, and tell a friend!**

PWA receives 100% of your donation and pays no fees or costs. Donors receive records of contributions for tax purpose.



### Contributions via Will/Trust

Please keep PWA in mind when working on your legacy planning ideas. Including PWA in a codicil to your will helps our organization and can help your estate planning process.

- |   |        |
|---|--------|
| <input type="checkbox"/> Individual           | \$25   |
| <input type="checkbox"/> Family               | \$35   |
| <input type="checkbox"/> Steward              | \$50   |
| <input type="checkbox"/> Patron               | \$100  |
| <input type="checkbox"/> Benefactor           | \$250  |
| <input type="checkbox"/> Sponsor              | \$500  |
| <input type="checkbox"/> Conservation Partner | \$1000 |
| <input type="checkbox"/> Business Steward     | \$50   |
| <input type="checkbox"/> Business Patron      | \$100  |

Name \_\_\_\_\_  
Primary Mailing Address \_\_\_\_\_  
\_\_\_\_\_  
Primary Phone \_\_\_\_\_  
Second Mailing Address \_\_\_\_\_  
\_\_\_\_\_  
Second Phone \_\_\_\_\_  
E-mail \_\_\_\_\_

- ☐ I am enclosing an additional donation of \$\_\_\_\_\_.
- ☐ I will send a gift of \$\_\_\_\_\_ from a Donor-Advised Fund.
- ☐ I will ask my employer to send a matching gift.
- ☐ Send me information about including a bequest to PWA in my will or trust.
- ☐ Contact me about volunteering.

Make check payable to "Pemaquid Watershed Association" and mail to PO Box 552, Damariscotta, ME 04543.

Pemaquid Watershed Association, Inc., is a 501(c)(3) organization. Contributions are tax-deductible.