How to Register

Register online at bit.ly/mummichog-2023.

The link will take you to our secure camp registration service hosted by ACTIVE Network.

After you register for one or more sessions, you will need to complete online Supplemental Forms for your camper. You will need:

- Your camper's recent and past health information
- Your camper's Immunization records
- A photo or scan of the front and back of your camper's health insurance card
- A list of local emergency contacts

If you need any help with the online registration, call the ACTIVE Network help desk at 866-561-0647.



Health and Safety Protocols

All staff must be fully vaccinated against COVID-19 by the start of the session. To protect the health and safety of our staff and program participants of all ages, please do not attend if you are not feeling well, are experiencing any symptoms of COVID-19, or have recently been exposed to anyone who has tested positive for COVID-19 in the week prior to your camp session.



Scholarships

We are committed to ensuring that everyone can participate in our programs. To request a scholarship, just follow the prompts and instructions when you register.

We will let you know within two weeks whether your application is approved.



About Camp Mummichog

Here at Camp Mummichog, nature education comes in many forms: hands-on exploration, physical activity, art, music, writing, games, and more.

Join us as we explore forests, marshes and fields, and unravel some of nature's many mysteries!

Coastal Rivers subscribes to the principle of full inclusion, regardless of ability, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race, or sexual orientation.

About Coastal Rivers

Coastal Rivers is a non-profit, member-supported, nationally accredited land trust caring for the lands and waters of the Damariscotta-Pemaquid Region by conserving special places, protecting water quality, creating trails and public access, and deepening connections to nature through education programs.

Learn more at coastalrivers.org

Land Acknowledgement

We acknowledge that the lands and waters of this region are the ancestral lands of the Wabanaki people.



Nature-Adventure Day Camp

Exploring, playing, and making discoveries together since 2006





Grandparents & Kids Camp: Amazing Arthropods July 5-7*

Ages 7-11

9:00-3:00

Grandparents – join your grandchild at Camp Mummichog and take a deep dive into all things avian. For example, did you know that the tiny hummingbird is very closely related to dinosaurs? During this session we'll take a field trip to Audubon's Hog Island, cruise down the Damariscotta on board the River Tripper to look for seabirds, dissect a real owl pellet, and meet a friendly duck. Grandparents are free!. Tuition: \$144/\$104 members.

*Three-day session (Wednesday-Friday)

Incredible Insects

July 5-7*

Ages 5-8

9:00-3:00

You'll be amazed what we discover when we enter into the world of insects. Join us to meet a real entomologist, go searching for wetland insects, make insect-inspired art, and build a house for a special kind of bee that you can take home with you. Tuition: \$144/\$104 members.

*Three-day session (Wednesday-Friday)



Amazing Avians ➡

July 10-14

Ages 6-9

9:00-3:00

Discover mind-blowing things you never knew about birds as we explore the mechanics of flight and some of the amazing ways birds have adapted to their environment. We'll tend the bluebird boxes at Salt Bay Farm, dissect a real owl pellet, and take a field trip to Audubon's Hog Island (parents will need to drop off and pick up campers in Bremen). Tuition: \$240/\$200 members.

Mainely Mammals

July 17-21

Ages 6-9 9:00-3:00 We may not often see our animal neighbors, but the

signs they leave have many stories to tell if you know how to read them! Together we'll explore Salt Bay Farm and scout for signs like tracks, scat, and dens to see what we can learn. You will discover fascinating plant and insect relationships, dissect an owl pellet, and build your own den in the woods.

Tuition: \$240/\$200 members.

Ages 10-14

Nature Photography →

July 17-21 9:00-4:00

Let nature inspire you as we learn how composition and editing can make your digital photos stand out from the crowd. We'll loan iPads for cameras and editing, unless you prefer to bring a camera from home. We'll spend one day exploring an island as we put our new skills to use (parents will need to provide transportation). Tuition: \$290/\$250 members.

Among the Ancients

s ➡ July 24-28

Ages 6-9 9:00-3:00

Did you know some prehistoric plants and animals are still around, and live right here in midcoast Maine? Come explore the woods and wetlands with us to see how many we can discover. We'll spend one day at Library Park in South Bristol where we're sure to find some very interesting prehistoric life (parents will need to drop off and pick up campers in South Bristol that day). Tuition: \$240/\$200 members.

Training youth to be leaders

Be a Counselor-In-Training (CIT) at Camp Mummichog! You are eligible if you are between the ages of 12 and 19 and have attended two or more Coastal Rivers education programs, including at least one session of Camp Mummichog. Tuition is \$150 per session. Register online through ACTIVE Network at bit.ly/mummichog-2023.

Register online at bit.ly/mummichog-2023

Marine Adventures - July 31-August 4

Ages 9-12

9:00-4:00

What's it like to be a marine scientist? Join us as we visit a lab and meet a real one to find out. We'll also conduct our own experiments – and dissect a squid! Enjoy seal-watching in Great Salt Bay, games, and a cruise on the Damariscotta River estuary aboard the River Tripper. Spend a day at the University of Maine Darling Marine Center in Walpole (parents will need to drop off and pick up in Walpole).

Tuition: \$240/\$200 members.



The Hidden Lives of Plants Aug. 7-11

Ages 6-9

9:00-3:0

What you don't know about plants will amaze you! Join us to observe pollinators at work, and discover incredible plant and animal interactions. We'll taste wild edible plants, make birch bark etchings, and create seaweed prints. We'll visit the foodbank farm next door to help harvest vegetables, and spend a day exploring the forests and coves of Plummer Point Preserve in South Bristol (parents will need to drop off and pick up). Tuition: \$240/\$200 members.

Wabanaki Ways August 14-18

Ages 9-12

9:00-4:00

For thousands of years, the Wabanaki people thrived in midcoast Maine. Learn about their culture, both past and present, from a Wabanaki educator through stories, games, art, and music. Together we'll practice outdoor living skills, explore the marsh and woods, build wigwams, taste wild edibles, and track animals. We'll also spend a day at Round Top Farm visiting prehistoric Whaleback Middens (parents will need to pick-up and drop-off campers). Tuition: \$240/\$200 members.

